

Carbondale Area Student Assistance Program (SAP)

Are You Worried About Your Child?



The Student Assistance Program (SAP) can help children experiencing barriers to learning.

What Is SAP?

The Carbondale Area Jr./Sr. High School SAP team is made up of school and agency staff that are available to help you access school and community services for your child. In Pennsylvania, every school district is required to have a plan for identifying and assisting students who experience barriers to learning. The Carbondale Area Jr./Sr. High School SAP team will help you find services and assistance within the school, and if needed, in the community. We do not diagnose, treat, or refer your child for treatment. We will provide you with information and you make the choice(s) that best fit your needs and wishes. As the parent/guardian you are an important part of the team.

Do You See Your Child Showing Any of These Behaviors?

- Withdrawing from family, friends, and/or activities
- Changing friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Defying authority, both at home and school
- Acting aggressively
- Hitting
- Lying
- Needing money without a good explanation
- Declining grades
- Experimenting with alcohol or drugs
- Very Disrespectful to Parents/School Staff Members
- Recent death of a loved one
- Divorce of parents
- Family relocation
- A relationship problem
- Bullying
- Other traumatic event



How Does My Child Become Involved in the SAP Program?

Anyone can refer a child to the Carbondale Area Jr./Sr. High School SAP team. Some students are referred by teachers or other school personnel. A friend or family member can also let the Carbondale Area Jr./Sr. High School SAP team know that they are worried about someone. The child can even go directly to the Carbondale Area Jr./Sr. High School SAP team to ask for help. The Team will gather information to determine how a student is doing in their classes. However, the SAP team will not proceed unless you give your written parent permission. Once permission is received, the SAP team will work with you to develop a plan of action to help your child achieve success in school. Participation in the program is voluntary.

What If Someone Has Referred My Child to SAP?

A SAP team member will contact you regarding your child's referral to the program. Before a SAP team member talks to your child, you will be asked to sign a permission form. The SAP team will work with you and your child throughout the process. As a parent, your knowledge and thoughts about your child will be helpful in developing a plan of action. If you need more information before making a decision about SAP, please feel free to talk to a SAP team member.

How Do I Contact the SAP Team?

If you have any questions about SAP or you feel that your child may need help, call the Carbondale Area Jr./Sr. High School at **570-282-4500** and ask to speak with any of the following team members:

Mrs. Keri Warhola, High School Guidance Counselor

Mrs. Priscilla Bilski, High School Nurse

Mr. James Kielar, Teacher

Mr. Raymond Ofner, Teacher

Ms. Marijo Naniewicz, Teacher

Ms. Christina Connors, School Psychologist

Mr. Franco Forgione, Drug and Alcohol Liason- NEIU 19

Mrs. Nicole Stevens, Mental Health Liason, Friendship House

Mrs. Jennifer Carroll, Office of Youth and Family Services



SAP Related Websites:

<http://keepkidssafe.pa.gov/>

Suicide

Pennsylvania Suicide Prevention Plan

<https://www.dhs.pa.gov/Services/Mental-Health-In-PA/Documents/PA%20Statewide%20Suicide%20Prevention%20Plan.pdf>

Prevent Suicide PA's Online Learning Center

<https://pspalearning.com/>

Vaping/Smoking

Resources to Help Students Quit Vaping/Smoking

https://www.scholastic.com/youthvapingrisks/healthrisksofcigarettes_studentarticle_A.pdf

American Lung Association: Quit Smoking/Vaping

<https://www.lung.org/quit-smoking/helping-teens-quit/indepth>

Juul and E Cigarettes: Closer Look

<https://www.drugwatch.com/e-cigarettes/>

The Health Impacts of E Cigarettes

https://www.scholastic.com/youthvapingrisks/healthrisksofcigarettes_studentarticle_A.pdf

PDE 4092 <https://www.safeschools.pa.gov/Home.aspx?App=Empty&Menu=dbd39a1f-3319-4a75-8f69-d1166dba5d70>

SAP Training Calendar <http://pnsas.org/Calendar-And-Events>

*****Blue Ribbon Video**

https://www.youtube.com/watch?v=sN_LPTNQEqM