

# Student Assistance Program

# SAP

By Bonnie Moore-Roberts

# SAP Team Members

- Mrs. Vadella
- Ms. Vannan
- Mrs. Laguzzi
- Mrs. Ericson
- Mrs. Staples
- Mrs. Bohlig
- Mrs. Paulus
- Mrs. Perri
- Mrs. Moore-Roberts
- Mr. Villano – Certified Prevention Specialist
- Ms. McDonough – Friendship House Mental Health Liaison

# SAP

The Department of Education, in collaboration with the Departments of Health and Public Welfare, designated the **student assistance program** as the vehicle to require and assist each school district to establish and maintain a program to provide appropriate counseling and support services for students who experience problems related to the use of drugs, alcohol and dangerous controlled substances.

# SAP

- The **S**tudent **A**ssistance **P**rogram is designed to assist school personnel to identify issues, including alcohol, drugs and others, which pose a barrier to a student's learning and school success.
- **SAP** is not a treatment program!
- It allows us to **assist** the parent and the student with information so they may access services within the community.

# SAP

- It is the parent's right to be involved in the process and to have **full access** to all school records under applicable state and federal laws and regulations.

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- It is the **SAP** teams responsibility to inform the parent of the problem affecting the child's performance in school, provide information on community resources and the options to deal with the problem, and, where necessary, set up linkages with resources to help resolve the problem.

# SAP - Four phases to the student assistance program are:

- 1. Referral-Anyone, including any school staff, a student's friend, a family member or community member can refer a student to SAP when they are concerned about someone's behavior. The students themselves can even go directly to a SAP team member to ask for help. The SAP team contacts the parent for permission to proceed with the SAP process.

# SAP - Four phases to the student assistance program are:

- 2. Team Planning- The **SAP** team gathers **objective** information (**not opinion or hearsay**) about the student's performance in school. Information is also collected from the parent.
- The team meets with the parent and student to discuss the data collected. Together, a plan is developed that includes strategies for removing the learning barriers and promoting the student's academic and personal success to include in-school and/or community-based services and activities.



# SAP - Four phases to the student assistance program are:

3. Intervention and Recommendations – The team **assists** in linking the student to in-school and/or community-based services and activities. The team might recommend a drug and alcohol or mental health assessment.

# SAP - Four phases to the student assistance program are:

- 4. Support and Follow-Up – The SAP team continues to work with and support the student and their family.

# SAP

**Confidentiality** is key when making a referral.  
Along with documentation!

Once referred please have confidence in your team that they are working on a positive outcome for the student.

Don't ask!! Don't discuss!!