## Red and Blue News

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Extra! Extra!

Read all about it!

The *Red* and *Blue News* is back and better than ever!

Our Carbondale yearbook and newspaper staffs have been hard at work on our new pages, which are sure to bring a smile to your face!

From coverage on events like Powderpuff and Homecoming, to students' opinions on what's happening in our world, there is something for everyone.

So, if you're looking for an exciting look into the world of CA, tune in every quarter to the *Red* and *Blue News*!



Mrs. Griebel





My favorite thing about teaching is being able to share

my love for history with my students. I also love being

1. What made you want to teach history?

2. What has been your favorite grade to teach?

3. What is your favorite thing about teaching?

able to watch my students flourish as the year

Both the 8th and 9th grade classes have been my

here at CAHS.

favorite so far.

progresses.

I have always loved learning about events that have shaped the world we live in. My love for history started

I would definitely be a chef. I absolutely love to cook.

## 5. What were your first impressions of Carbondale Area High School?

My first impression of CAHS was that it feels like home. There is an overwhelming sense of family here that warms my heart.



When I master a goal set in my class.

## 7. What do you think students will remember you or your class for?

I hope all my students will remember that they were a top priority for me.

### 8. What's the best thing about teaching?

The best thing about teaching is being able to share this educational experience with all of my students.

9. What makes a "good day" here at school for you?
Observing my students enjoy and engage in my lessons.



Mrs. Higgins

### 1. What is your favorite thing about being a teacher?

I love so many things about being a teacher. I love that I get to nelp my students become the best version of themselves.

### 2. What made you want to teach?

The reason I went into teaching was to make a difference. I have had so many wonderful teachers throughout my years who never gave up on me. .

### 3. What makes you a good fit for this school?

I find that I am a good fit for Carbondale because I am passionate about the work I do, and the teachers and administration are also passionate about the same thing. My goals align with the standards and expectations Carbondale has for all of us.

## 4. How would your past students, peers, or administration describe you?

I am a newer teacher, but I think my past students, peers, and administration would describe me as always willing to help and willing to learn.

### 5. What qualities make you a good teacher?

I believe that I am hardworking, thoughtful, and fair. I think those qualities transfer nicely into the classroom and the realm of being an educator.

## **6.** How would you help a student with consistent behavioral problems?

There are many different strategies that I would use to help my student who has consistent behavioral problems. The first thing I would do is have a one-on-one conversation with the student, sometimes small talk could go a long way. If problems persisted, I would call home and discuss my concerns with their parents/guardians.

### 7. How do you cope with stress?

The best way I cope with stress is by spending time with my dog, Daisy. I am a firm believer that animals can take any tough day and turn it right around. Our pets love us unconditionally.

### **8.** What would students be surprised to find out about you?

My students would probably be surprised to find out that I enjoy singing karaoke. I love it so much I have a machine in my basement that I use on the weekend.

### 9. What is your dream vacation?

My dream vacation is to go to Iceland.



- 2. What subject and grade levels do you teach?
  Learning Support in 7th/8th grade.
- 3. When did you begin teaching?
  Last year. I taught one year of Pre-K (2022-2023).
- **4. If you went, what college did you go to?** Marywood University
- **5. What brought you to Carbondale?**I live close, and I felt welcomed by the community.
- **6. How do you feel about Carbondale so far?**I love this school so far. I feel welcomed by lots of staff and students.
- 7. What made you want to teach Learning Support?
  I love to be that person who can turn a hard subject into something manageable.
- **8. What was your favorite subject in school?** Art; I love to be creative.
- 9. If you weren't a teacher, what would you be?
  I would be a travel agent. I love helping people plan vacations and find amazing deals.
- 10. What are you looking forward to in the future? I am looking forward to everything life has to offer. I am excited for my journey with Carbondale and all the students I will have. I am also excited to explore new adventures with friends and family. I am excited to create a life for myself as a teacher.



Miss Lepre













## Ms. Phillips





In Fairfox County, Virginia back in 2005.



Virginia and Pennsylvania at Mld Valley High School from 2007 - 2020.

Geography, Art, and Drafting Class

### How have you liked your experience at Carbondale so far?

Drawing in perspective, printmaking, and

### What made you want to teach?

Being in critiques, seeing others work while we all had different approaches to the art lessons.

### What college did you graduate from?

Keystone College: Associates in Fine Art and Kutztown University Bachelors in Art Ed.

### What made you move to Carbondale?

I'm from Lakeland area. Although I have lived in Virginia and Florida, I love the mountains and nature here in Pennsylvania.

### What expectations do you have for this year?

To submit student's art into a few competitons such as: Scholastics Art, Times Tribune Calendar Contest, and hopefully a museum trip!

### What inspired you to be a teacher?

Other teachers who have inspired me to see art in a different way.

### When did you start teaching?

## Before moving to Carbondale, where did you

## What was your favorite subject in school?

The staff is very friendly. The students are ready to learn, and I love the art room set up! The sky lights are so pretty!

### What's your favorite type of art to teach?

photoshop

## When did you start teaching?

This is my first year teaching!

What brought you to Carbondale? I love MeGees.

### What do you teach?

7th and 8th grade supplemental learning support (ELA/Math)

### Did you always see yourself teaching that subject?

No, I have always worked with little kids. This is my first time teaching any grade above 6th.

What was your favorite subject in school? Reading/English

What grade do you teach? 7th and 8th

### Where did you start off teaching?

Philidelphia- I student taught 3rd grade last year at Fanny Jackson Cappin Elementary.

What made you want to become a teacher? My dad was my elementary and high school principal. His love for education rubbed off on me. I also believe that teaching is a profession that allows you an opportunity to positively impact so many lives, specifically kids.

### IWhere did you go to college?

Temple University main campus in North Phildelphia

### How do you feel about Carbondale Area High school so far?

I love it! That is except when I forget a sweater- my room is freezing!



Miss Quinn











Miss West







What inspired you to become a teacher?

my parents were both teachers where I went to high school. Seeing the diffrence they made daily, made me want to do the same.

Where did you start off in your teaching career?
After graduating from Penn State in 2020, I moved to Tennessee and taught English for three years!

What grade levels do you teach? 7th grade.

What are some goals you have for this school year?
One goal I have this year is striving to help my
students become better writers... and maybe even
learn to enjoy itl

How does the school district stand out from other districts you taught?

The people here, students included, are always kind and helpfull

How is your experience in Carbondale Area so far? So welcoming. Everyone is willing to help.

What subject(s) do you teach? English Language Arts.

Did you always want to be a teacher? If not, what did you want to do?

Yes, I always knew I wanted to be a teacher. However, if I weren't a teacher, I would love to be a Sports Broadcaster.

Why did you choose Carbondale?
I chose Carbondale because it came with great opportunities.

What was your favorite subject growing up? English of course, but I also loved Bio.

## High School Hacks



When entering the high school, you'll come across many opportunities such as clubs and sports. Throughout joining these extra-curriculars, you will make new friends that will help welcome you into the new school.

Welcome to 8th Grade! Now that you know how to get around, it's time to focus on your other goals! Though you can't join many clubs until next year, you can still make the most out of your experience. Join sports, get to know your teachers, and most importantly: have fun!



9th grade

When entering the 9th grade, you should be prepared to set goals. You should also try to join extracurricular activities, so you can be a part of what our school has to offer.

Your 10th grade year will be one of the most fun and hardest years. Most of the teachers are going to give you a lot of homework. Never slack off with homework. It will build up over time, and it will not be fun fixing that. You will have a much better year if you get all your work done. Be sure to study for test so that you will pass the year!





This will be the hardest year. Keep up on your work and stay ahead of the game. Enjoy it because after this, you will be applying to college in no time. Remember to take time to Make memories and have some fun!

This is your last year ever in high school. This year there will be a number of events that you'll be participating in. Make sure you take the time to enjoy every moment. It will be over before you know it!









Pictured left to right are participants in Mikayla's Voice Project. Front row: Emily Grover, Masie Bognatz, Gabriella Granville, and Alyssa Cotter. Back Row: Miss Samantha Masco, Mikayla's Voice teacher mentor, Tommy Seymour, Lelia Maldanado, Maurie Newcomb, Olivia Lawler, Jada Salcedo, Mrs. Heather Tolerico, Director of Special Education, and Ms. Gina Phillips, Mikayla's Voice teacher mentor.



In an effort to continue an era of kindness and inclusion in Carbondale Area, high school mentors of the Mikayla's Voice Project participated in a "Read Aloud" at the elementary school on Wednesday, September 27. Students read a variety of books inspired by Mikayla and her friends which encourage kindness, friendship, and inclusion.

"Last school year, Carbondale Area School District was chosen to participate in an amazing opportunity to share Mikayla's story and be a voice of kindness and inclusion for all students," explained Mrs. Heather Tolerico, Director of Special Education. "We are happy to continue with this program during the 23-24 school year to provide inclusive activities as well as mentoring opportunities. Let's continue to celebrate and embrace diversity while promoting kindness and friendship for everyone through Mikayla's Voice. Be a part of the change."

"My experience volunteering for the Mikayla's Voice program was amazing," stated freshman Masie Bognatz. "I loved reading books about being accepted even if you are different to the elementary school kids. I also loved having the students ask me questions about my disability and how I do everything everyone else can."



Mentors Gabriella Granville (left) and Masie Bognatz (right) are pictured with Ms. Caroline Newcomb's first grade class holding up the books they read to the group. Pictured left to right: Front row – William Crandall. 2nd Row – Shanaya Covington, Xyah Taylor, Ember Sona, Ember Smith, Noah Baughman, and Margot Wicha. 3rd Row – Avery DeRichie, Jackson Miller, Zoey Chapman-Curtis, and Mackenzye Nepa. 4th Row – Nancey Mansour, Viviana DeAntonio, Emma Martin, Ella Cole, Adrian Ignatov, Logan Hallock, and Golden Gray. 5th Row – Gabriella Granville, Macey Bognatz, Zendaya Miller, Niomi, Mink, and Teigen Bell. 6th Row- Ms. Caroline Newcomb, First Grade Teacher.



Mikayla's Voice is a 501(c)(3) non-profit organization founded to include kids of all abilities, but our mission has taken on an even greater purpose over the years. All children should feel valued and welcome in their school and community " and understand that it's their responsibility to help others to feel the same. Mikayla's Voice challenges kids to create a kinder, more inclusive world where everyone has a friend.





Charger Football players and their families are pictured left to right: Kneeling-Mitchell Alexander, Dominique Aponte, Jesse Arthur, Collin Bailer, Andrew Balderas, Mason Baron, Darryl Bennet, William O'Dowd, Ulric McKenzie III, Anthony Byfield, Colin Ormes, and Cody Ormes. Standing- Jeffrey Alexander, April Alexander, Mr. Lawrence Gabriel III, Assistant Principal and Athletic Director, Luisa Diaz, Mr. Joseph Farrell, High School Principal, Misty Kordish, Jill Bailer, Tom Bailer, Nicole Molinaro, Andrew Balderas Sr., Tim Baron, Joy Baron, Elijah Smallwood, Junior Bennett, Cam Smallwood, Christina O'Dowd, William O'Dowd, Tina McDonald, Ethel Mejia, Mark Danchak, Marcus Gomez, Renee Mortis, Debi Baldwin, Jonathan Prieto, Franco Prieto, and Mr. Jeff Arthur, Head











Pictured left to right: Front Row- Mark Hollis, Erika Hollis, and Rachel Hollis. Back Row- Mr. Bruce Gordon, Head Cross Country Coach, Mr. Lawrence Gabriel III, Assistant High School Principal and Athletic Director, and Mr. Joseph Farrell, High School Principal.



Pictured left to right: Cheerleading Squad (First Row) – Mrs. Michele Caviston, Head Coach, Savannah Rosar, Rylee Colonna, Saniya Henderson, Kylie Kelly, Molly Kelly, Emma Perri, Juliette Racht, Danaisha Rice, Max Rosler, Emily Tropeano, and Ms. Madison Moase, Assistant Coach. Parents and Administrators (Back Row)- Tom Rosar, Selene Rosar, Fred Colonna, Kristy Colonna, Donnell Henderson, Mr. Joseph Farrell, High School Principal, Crystal LaRoche, Susan Kelly, Jeff Kelly, Melissa Kelly, Alex Kelly, James J. Perri, Dana Perri, James Racht, Marie Racht, Viola Rice, Kathy Mercer, William Rosler, Michelle Rosler, Kelly Moran, John Moran, and Mr. Lawrence Gabriel III, Assistant Principal and Athletic Director.









Pictured left to right- Emily Grover, Hayleigh Cambell,
Olivia Lawler, and Justin Reilly attended the Special Olympics
Youth Leadership Forum on October 10, 2023 as members of the
Unified Sports teams here at Carbondale Area, coached by Miss
Samantha Masco. During their time at the conference, these four
students learned about ways to strengthen the message of
inclusion within our school. There were seventeen students at
this conference who worked together to plan ideas for the
upcoming Unified seasons.



Charger Golf Team seniors and their parents were recognized at Senior-Parent Recognition Night, held on October 2, 2023. Congratulations on wonderful careers and best of luck with your future endeavors! Pictured left to right- Kneeling: Jonathan Reilly, Caden Brennan, Jacob Berg, Preston Casey, Nicholas Sopko IV, Juliette Racht, Megan Cosklo, Tyler Donato, and Shane Herbert. Standing: Mr. James Kielar, Head Coach, Frances Reilly, Mr. Joseph Farrell, High School Principal, Michael Reilly, Frank Brennan, Tasha Brennan, Robert Berg, Amy Berg, Shingo Casey, Melissa Molinaro, Karen Sopko, Nicholas Sopko III, Marie Racht, Kim Cosklo, Justin Donato, Kimberly Benn, Susan Herbert, and Mr. William Reckless, Assistant Coach.

Charger Soccer Team seniors and their parents were recognized at Senior-Parent Recognition Night, held on October 3, 2023. Congratulations on wonderful careers and best of luck with your future endeavors! Pictured left to right: Kneeling- Nico Laguzzi, Shane Herbert, and Nicholas Sopko IV. Standing- Mr. Jordan Rossetti, Head Coach, Mr. Joseph Farrell, High School Principal, Kevin Laguzzi, Susan Laguzzi, Mr. Lawrence Gabriel III, Assistant Principal/Athletic Director, Susan Herbert, Joseph Herbert, Nicholas Sopko III, Kristin Sopko, and Mrs. Holly Sayre, Superintendent of Schools.







Chargerette Soccer Team seniors and their parents were recognized at Senior-Parent Recognition Night, held on October 2, 2023. Congratulations on wonderful careers and best of luck with your future endeavors! Pictured left to right are the following: Kneeling- Molly Kelly, Kylie Kelly, Sadie Gardus, Rylee Colonna, and Kaci Bannon. Standing- Mr. Thomas Mauro, Head Coach, Mrs. Monique Cobb, Assistant Coach, Alex Kelly, Melissa Kelly, Jeff Kelly, Susan Kelly, Gretchen Gardus, Fred Colonna, Kristy Colonna, Randi Bannon, Ryan Bannon, Mrs. Holly Sayre, Superintendent of Schools, and Mr. Lawrence Gabriel III, Assistant Principal/Athletic Director

A group of 10th grade students attended a STEM and Career Exploration Event at Lackawanna College on October 5. This event was an immersive learning experience in all STEM career focused programs offered at Lackawanna College. Representatives from their Healthcare, Technology, and other STEM-related programs were present with hands-on activities for the students to enjoy. The event was also designed to teach students about financial literacy, such as how the salary from their chosen career will influence their future life choices.















Students in Ms. Karausky's class worked hard to prepare the Team Eats meal for the high school football players and cheerleaders. The students prepared pasta, meatballs, salad, and dessert. They also created motivational posters that were displayed at the dinner. Well done and way to support each other!



Pictured left to right: Kneeling-Christian Propes and Collin Hollis. Standing-Parker Smith, John Gorel, Alyssa Gulowaty, Nick Andidora, Leila Maldonado, Emily Grover, Abigayle Lynady, Emma Terrance, Thomas Seymour, and Mason Nepa.

John Gorel, Nick Andidora,
Parker Smith, and Mason Nepa learn
about healthy lungs.







Front Row- Claire Serkosky, Makenzie Colachino, Emily Bradley, Alexis Nykaza, Anthony Rebernik, Maggie Perri, Lukas Balderas, Jack McCaffrey, Callie Cicio, Mitchell Masco, Ryan Escott, Owen McDonald, Chad Howey, Levi Gabriel, Sean Surace, Jackson Hawkins, and Sincere Howey.

Pictured left to right:

2nd Row: Eva Balderas, Eliana Connolly, Sadie Gardus, Kylie Kelly, Molly Kelly, Aurora Esgro, Kaci Bannon, Jizelle Laroche, Rylie Toolan, Adrienne Titley, Aubrey Borosky, Ava Peregrin, Elvira Marrero, Taylor Corrigan, Atheana Tonkin, and Jerome Pilney.
3rd Row: Summer Young, Angelica Prieto, Abigail Wall, Leila Esgro, Aryonna Castaneda, Kaleb Marsh, Dennis Morales, Evan Cerra, T.J. Wiggins, William Murphy, Jacob Berg, and Asher Granville.

4th Row: Nick Sopko, Ben Laub, Alan Parry, Shane Herbert, Ryan Sheare, Ian Dzielak, Matthew Serkosky, Nathan Ulmer, and Nick Herman.







Emily Tropeano is excelling in her internship with the City of Carbondale. Emily works every afternoon at Carbondale City Hall, getting great experience in how our city is run. In her short time there so far, she has helped with writing small grants, done marketing for events, assisted in reviewing initiatives for future plans in the City of Carbondale, attended City Council meetings, and she has interacted and learned from every department within the city. As part of her internship, Emily will be developing an action plan for her own project that will benefit the city. She has also worked very closely with the Carbondale Police Department. According to City Clerk Michele Bannon, Emily's internship supervisor, "The City of Carbondale is honored to have Emily doing her senior internship with us. Watching Emily immerse herself in our day-to-day operations is humbling. She understands our mission every day is to honorably serve our residents with dignity and respect, no matter how small or large the task."

When asked about her internship experience so far, Emily says, "I really enjoy learning the business side of City Hall and the police/detective side of City Hall as well. This is a very valuable experience because it exposes me to a lot of things that I will see in my future career." Emily looks forward to a successful career as a lawyer.

Thank you, Emily, for making a difference!



# Hey You guys... Carbonal







On September 1st, members of the football team and cheerleading squad were invited to the Carbondale Nursing Home to hold a pep rally and share pride in our Chargers with the residents. Members of the cheer squad welcomed everyone with their "Hello Cheer". They also got the residents showing their pride with the cheer "Go, Fight, Win". After Coach Arthur introduced members of the team, the residents were given high fives, handshakes, and thank yous. This experience helped prepare the Chargers to face the Lakeland Chiefs on our home field.











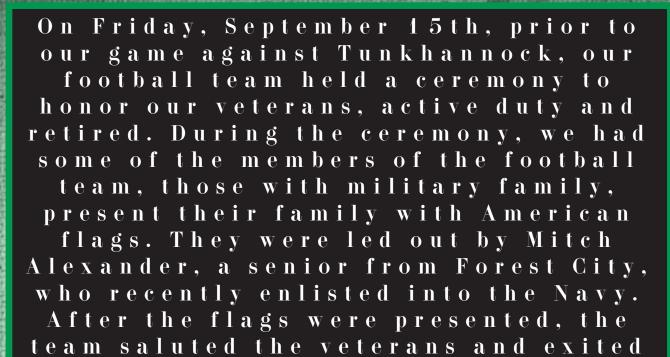




# Salute to Service







the field for their pre-game warm ups.



















## S.A.D.D.



As the month of September drew to a close, Students Against Destructive Decisions (SADD) brought light to Suicide Prevention Month. According to the CDC (2022), suicide is the second leading cause of death among teens and young adults. A staggering 18.8% of high school students reported having seriously considered suicide in the past year (CDC, 2020).

To bring light and awareness to these sad realities, SADD members left small gestures of kindness and caring for students both in the building and in the parking lot. SADD students prepared carnation flowers with encouraging and inspiring messages on them and placed them on the windshields of all student and faculty in the parking lot. Random notes of kindness were also scattered around the building for students to brighten their day. This effort has been led by senior Kaci Bannon.











# Homecoming 2023



This year's homecoming was held on the evening of September 29, 2023, at our home game against Riverside. The court included: Kylie Kelly escorted by Robbie Waters, Molly Kelly escorted by Tyler Donato Max Rosler escorted by James Gilia, and Juliette Racht escorted by Caden Brennan. This year's queen, Kierra Borosky escorted by Preston Casey was crowned by Julia Gorel (2022 Queen). The Chargers didn't come out with the W, but it was an enjoyable evening seeing all of the alumni from years past join in the festivities.













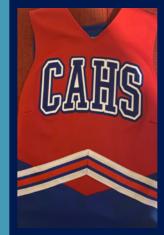


## Why We Wear a Jersey















Why do we wear jerseys for sports? Some think it is just something the school gives us to wear just to show we play a sport. But, it's so much more than that. When you put on a jersey that has Carbondale Area written on it, you should be wearing it with pride. That jersey is not only representing you and your family but also carrying the legacy of athletes that came before you. Athletes that graduate from Carbondale Area Jr./Sr. High school would give anything to be able to step on the field, court, or track one more time. So, when you are getting ready for your next game or match, take a long look in the mirror. Then ask yourself, am I making my family, former athletes, and especially myself proud of how I act and carry myself while wearing this sacred article of clothing?















## Carbondale Area Golf 23-24

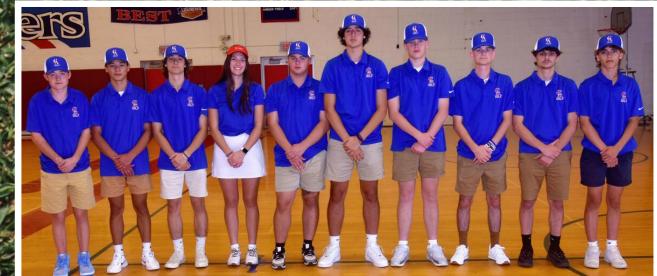
Our Carbondale Golf Team had a rewarding. This year there were five returning players: Preston Casey, Nick Sopko, Megan Cosklo, Jacob Berg, and Caden Brennan. There were also some rookies on the team including: Tyler Donato, Keegan McDonald, Jonathan Reilly, Shane Herbert, and Nico Laguzzi. The team finished their season, and unfortunately, they were held to a winless season. That didn't stop our Charger pride! Although the team lost a couple natches, individually they won quite a few, from Tyler Donato, Preston Casey, Jacob Berg, Keegan McDonald, Jonathan Reilly and Megan Cosklo.



# Senior Night



Recognized were seniors Preston Casey, Nick Sopko, Tyler Donato, Shane Herbert, Megan Cosklo, Jonathan Reilly, Caden Brennan, Jacob Berg, and Juliette Racht. Following this, the seniors along with the rest of the team competed against each other. The teams played captain and mate. With a score of -2 under par, Tyler Donato and Caden Brennan came out with the win!



# Forest City Volleyball (







Pictured left to right: (Top) Cara Langman, Ashley Bossick, Stephanie Baker, Ella Casper, Caitlyn Burns, Aalyiah Mead, (Bottom) Alyssa Lewis, Sydney Hodges, Kayleigh Graham, and Kaylee DeHaven (Not Pictured: Olivia Baron)







JV Tean

Pictured left to right: (Top) Emily Grover, Kaylee DeHaven, Ashleigh Arnese, Alyssa Evans, Madilyn Richardson, Aalyiah Mead, Jamie Love, Olivia Baron, (Bottom) Giana Danile, Serafina Gorel, and Alyzza Evans.



























# SPORT













































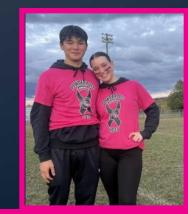


## PULLERUFF 23

On Wednesday, October 18, 2023, Carbondale Area held its annual Powderpuff game in honor of those who had and who are currently battling breast cancer. During the school day, students were able to show their support to the cause by wearing their Powderpuff shirts, buying tinsel, tattoos, bracelets, pins, ribbons, and face painting. The flag football game was kicked off with the singing of the Star-Spangled Banner by junior Ava Peregrin followed by the senior girls taking on the junior girls in a battle for the win. The game began with juniors having possession, but they were unable to secure a touchdown. Once the seniors took possession, they went to the playbook and used their go to play from last year's game. This included Maddi Heenan having the ball snapped to her and while this was happening she yelled to Darryl Bennett that she had a question to ask him about the play. This was all part of the plan, because in the end, Maddi gained ten unexplained yards with a trick no one saw coming. The rest of the game until half time remained scoreless with the girls battling back and forth. We cannot forget the halftime show put on by our senior and junior boys. Although Dylan Ofner broke out his best Ken impression and sang his heart out, in the end, it was the junior boys who came out on top with their impressive stunts and cheerleading skills. The juniors won the halftime cheer battle, but that was the only thing they won that evening. The seniors answered in a big way when Maddi Hennan returned the second half kickoff for a touchdown to tie the game. The seniors sealed the deal with the two-point conversion leaving the Class of 2024 with an undefeated Powderpuff record. At the end of the day, all of the fun and games brought awareness to all who have lost their lives and to those who continue to fight and those who have survived the battle of their lives. #FIGHTLIKEACHARGER



















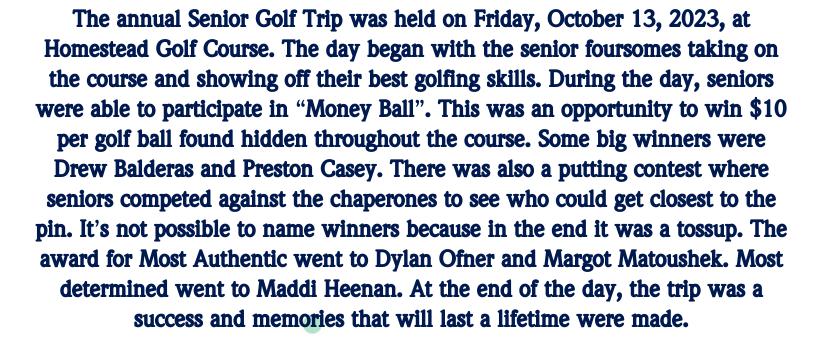






## SENIOR GOLF TRIP

















## Favorite Gym Class Activity

THTHU

My favorite gym class activity is dodge ball. Reasons for dodge ball being my favorite include the feeling after winning a round, the excitement while playing the game, and lastly it is a overall competitive activity that everyone enjoys! - Dennis Morales

In gym class, my favorite activity is kickball. I enjoy kickball because of the feeling of having the pressure on you when your up to kick, and having to work with your teammates in order to actually win the game. -Drew Balderas

Baseball is my favorite gym activity. Baseball is my favorite gym activity because it is extremely competitive, and it is good exercise. Baseball is also an effective way to learn teamwork because everyone must work together to win and have fun. - Linkin Wormuth

My favorite gym class activity is badminton. It is always a very fun time in gym class. Badminton can be played in a big group or with just one partner. Everyone always enjoys a good game of badminton - Ashleigh Arnese

Gym class contains a lot of fun and challenging activities. My personal favorite is flag football. I enjoy flag football because it's a team sport. I also enjoy the adrenaline you get from playing. Mostly everyone enjoys flag football and it is a top tier gym class activity. - Jeremy Gilla

Soccer is my favorite sport because I am good at it, it is a very physical sport, and I enjoy the social aspect of the game as well it keeps me healthy I like running up and down the field in my position.- Tyra



# FAUGRITE GURSSES



My favorite class is Mr. Barnett's

8th grade American Cultures class.

We always talked about interesting
topics while taking notes. We ended
the chapters by playing Nearpod as
well as doing Jeporady questions to
win the famous "Barnett Bucks". Ashleigh Arnese

My favorite class is Mr. Perris 10th Grade English class. This is my favorite because the class is enjoyable, and it prepares us for the Keystones. Mr. Perri also pushes us to thrive to our fullest.- Gianna Perry

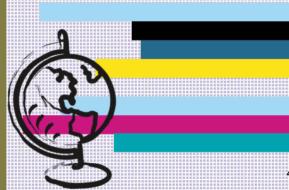
My favorite class is Art II. Art helps you look at things differently and teaches you a variety of ways to get creative with projects. Another positive about this class is that it helps you to focus and create beautiful projects. I enjoy this class because it helps me to push myself beyond my normal limits to create art I didn't even know I could create. Savannah Rosar

My favorite class would have to be yearbook. Yearbook is an very enjoyable class and you learn quite a bit in it (technology wise.) It can be seen as a relaxing period, but you also get so much work done to create the perfect yearbook for the year along with the school newspaper that comes out at the end of each quarter!- Elvira Marrero



My favorite class would have to be Mrs. Griebel's 9th grade honors civics class. Although I really don't like history classes, Mrs. Griebel did an excellent job keeping not only me, but the whole class entertained as well as filling us with so much knowledge about our country. I was so happy for freshman year to be over, but when I look back it kills me seeing how much I will miss honors civics.

-Alexander Mackey



## WHATS ON YOUR TRAY?

Popcorn Chicken Bowl- The Popcorn Chicken Bowl has to be a top tier lunch in our school's cafeteria. It consists of popcorn chicken, mashed potatoes, corn, and if you're a fan, gravy.

Walking Taco- When it comes to the best time of the day, lunchtime, our lunch ladies provide us with a lot of food options. However, personally my favorite is walking taco day!

Spicy Chicken Sandwich- This is an item on the menu that is on the low. You can only get it on Mondays and Wednesdays and chances are if you are not in the first lunch, you'll have no chance of getting one. This is a chicken sandwich with a little spice to it.

Mac and Cheese - This creamy and cheesy deliciousness fills you up leaving you satisfied. The lunch ladies work really hard to make sure we enjoy our lunch and give us many options to choose from.

<u>French Toast-</u> Occasionally at lunch we are served breakfast. My favorite type of breakfast they serve at lunch is French Toast. We get three pieces of French Toast with two sausage patties.

Buffalo Chicken Pizza-The buffalo chicken pizza is a fan favorite in our school cafeteria. It is simply a cheese pizza with pieces of buffalo chicken on top of the cheese and instead of normal sauce, it is buffalo sauce. It is available most days in the cafeteria, and it is a good option for your lunch!



# Who is on your Playlist?

"Hey Driver" by: Zach Bryan ft. The War and Treaty. This song was written by Zach Bryan ft. The War and Treaty. This is the perfect song to put on full blast while taking a long evening drive. It relates to the people that are fighting with themselves and fail to find a happy and loving place at the moment. By: Maurie Newcomb

Folklore by Taylor Swift is full of beautiful songs, but one that truly resonates with me is "This is Me Trying." In the song, Swift talks of never feeling good enough, as she tries to tell the world that this is the best she can do. If you're looking for a song with an emotional and personal narrative, this song is for you. By: Olivia Lawler

"Matilda" by Harry Styles is a song from Harry Styles' most recent album *Harry's House*. This song is perfect for when you need a good cry. This song can be relatable for those who deal with family issues. The song is about leaving a toxic family and moving onto better things. By: Ashleigh Arnese

"Aphasia" is a song written and produced by the band Pinegrove. This track is very calm and easily enjoyable. At first, many would believe this is romantic song but, it has a much deeper meaning. If you enjoy music with complex lyrics, you should give this song a listen! By: Ella Casper

"Easy On Me" by Adele is a song that explains trying to be happy with yourself while also trying to please other peoples' feelings all the time. Though it sounds like a sadder song, it can help people relate to a part of themselves that they might not want to admit to. By: Jimmy Gilia

"Lover" by Taylor Swift is a great song to listen to if you love someone or feel great emotion towards them. This song gives off good vibes and it is even better to listen to with the windows down, jamming out to the music with your friends! By: Kierra Borosky

" 'Til You Can't," by Cody Johnson is one of the most heartwarming songs because the lyrics teach the listener to always take the chance when you get it because that chance may never come again. If you open up your phone and listen to it yourself, you may find out how much this song can mean to you. By: Alexander Mackey

"Need 2" by Pinegrove should be on someone's playlist because it's a beautifully introspective song that captures the essence of longing and vulnerability. The heartfelt lyrics and vocals create a deep emotional connection with the listener. The dynamic and melodic instrumentation adds an additional layer of depth to the song. It's a perfect choice for those moments when you want to reflect on your own desires and yearnings. Plus, Pinegrove's unique blend of indie rock and folk elements makes "Need 2" a standout track that deserves a spot on any playlist. By: Averi Sopko

"I'm Just Ken" by Ryan Gosling should be on everyone's playlist. "I'm Just Ken" is from the new "Barbie" movie. The song shows Ken's feelings toward Barbie during the movie. In the song, Ken expresses how he feels like he's not good enough. He does so much for Barbie, but Barbie takes him for granted. The song is fun and catchy; therefore, i believe "I'm Just Ken" should be on everyone's playlist. By: Jozlyn Santos

## Most Streamed Artists of 2023

The Weeknd



Monthly Listeners 111.2 Million "Blinding Lights"

Abel Tesfaye, or The Weeknd, is the most streamed artist on Spotify as of January 2023. The Canadian singer is most known for his songs, "Blinding Lights" and "Starboy". Both who have together accumulated over 10 billion streams. The Weeknd has five studio albums. He had many more publishings that have something for everyone to enjoy.

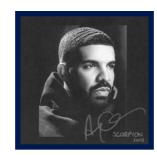
Monthly Listeners

77.4 Million

"I'm Upset"

Aubrey "Drake" Graham is a 36 year old artist from Toronto, Canada. Drake is one of the most streamed artists of 2023 and has been ever since he first arrived on the scene in the late 2010s. Drake is most known for his songs "I'm upset," "One dance," "Passionfruit," and many more. Drake has seven studio albums, five Grammy Awards, and was nominated for the Grammy Awards fifty one times.

Drake



Taylor Swift



Monthly Listeners

108 Million

"Cruel Summer"

The singer-songwriter, Taylor Swift, has been a popular artist since the 2000s. But this summer, she climbed the charts. Between her new album, "Midnights," her renewed album, "Speak Now," and the Eras Tour, she has gained thousands of fans. She has music for everyone's taste. With ten studio albums featuring genres like pop, country, hip-hop, indie, Tay does not disappoint.

**Monthly Listeners** "A Lot"

60 Million

21 Savage

21 Savage is a rapper from the United Kingdom, but moved to the U.S. when he was very young. 21 Savage has made a huge impact in the music industry after his album with Drake, "Her Loss." Back in July, when the album first dropped, it debuted at number one for a week. Savage and Drake recently went on tour together, and it was a massive hit. If you haven't given him a listen, you definitely should.



## Writers Guild On Strike!



By: Olivia Lawler & Ella Casper



When you think about how shows and movies are created, what comes to mind? Maybe the high-tech cameras used to shoot every detail, or the actors portraying beloved characters are what comes to mind. What many don't stop to think about, though, are the writers that work endlessly to curate the words spoken. Without words, the plot would not be complete. So, why are they being mistreated? That has been the topic of discussion in the news recently, as the SAG-AFTRA, or "Screen Actors Guild – American Federation of Television and Radio Artists," are on strike due to low wages and mistreatment. On May 2nd at 12:01 AM, the protesters walked off the job and have been boycotting since.



So, you may be thinking- how does this affect me? When writers aren't working, actors aren't either. That means that your favorite upcoming shows may be postponed until 2024. There is hope for an end, though. Plans for a settlement appear to be in the near future.





As of Tuesday, September 26th, the writer's strike has come to a tentative halt. Though the agreement that was created is yet to be agreed upon, the production of movie and TV should resume in 2024 if passed. The agreement includes contract changes, some of the most monumental dealing with Al technology in the workplace.



## CURRENT NEWS



Tragedy has struck the Middle East this month as battles between the country of Israel and the terrorist group Hamas continue to play out. Many have been wondering: what is the cause of this war? A common misconception about the tragedy has been that the battles occurred out of nowhere, but the rivalry between both sides has been waging for years, bubbling to the surface unbeknownst to everyone else. After years of debate over land and other materialistic issues, the feud came to a high point when disaster struck on October 7th, 2023. On this day, Hamas invaded Israel and wreaked havoc upon the streets.

Though the war is ongoing, and attacks continue, violence is at a temporary standstill. President Biden went to Israel recently to discuss matters and how they may effect the United States.



## FACT OR CAP

Fact or Cap? Are Mickey and Minnie Mouse broken up? Several articles were published at the start of October claiming that the adored Mickey and Minnie were no longer together. People were in full disarray, especially Disney fans. A few days later, papers were published claiming that Mickey and Minnie were still blissfully dating and had not actually broken up. This Pop News has been proven cap!

Fact or Cap? Are Taylor Swift and Travis Kelce dating? Travis Kelce and Taylor Swift have graciously given us proof of their burgeoning romance. The duo was seen several times going hand in hand in NYC over the weekend. The "Shake It Off" singer and the tight end who won the Super Bowl were reportedly seen embracing each other at the after-party for the premiere at Catch Steak in the Meatpacking District, according to Page Six. A source told Page Six that Travis and Taylor seemed to be really enjoying the night, and each other, even sharing a kiss throughout the night. Everyone was in a great mood and having a great time. This pop news has been proven fact!









# FAREI Day





On Tuesday, October 17, 2023, Carbondale Area held its annual Career Day, in which presenters from various local organizations and affiliations came to introduce students to possible career paths they might be interested in, in the future. Students were provided with presentations on colleges, trade schools, work force, and military options. These presentations outlined the various paths taken to achieve success in the future. 7th and 8th grade students spent the day making a difference while cleaning up around our town. 9th grade students toured the local Career Technology Center with guides who are current CA students and attend CTC. 10th grade students were given the ASVA in the morning and attended presentations in the afternoon. A college fair was also offered. Some teachers even got involved in offering "adulting classes." These included: making resumes, budgeting, cooking, manners, and tire repair. The significance this event holds is that it may "open students' eyes" to career paths they may have never considered otherwise and may help narrow down a college bound student's list of potential colleges. We look forward to continuing to Charge into the Future!







# Beyond the Dale

After graduation, Kierra Borosky plans to attend Lackawanna College to study sonography.



In the fall, Amber Guzman plans to attend Albany University to study psychology.



In the fall, Preston Casey plans to attend Johnson College to pursue a career as an electrician.

Jeremy Gilia's future plans are to join the United States Army.



James Gilia's future plans include attending Penn State, Scranton to study marine biology.



After graduation, Nicholas Sopko plans to attend The Ohio State University to study criminal justice.



Following graduation, Andrew Balderas plans to join the United States Armed Forces.

After graduating from Carbondale Area, Savannah Rosar plans to attend college in the fall to major in nursing.



After graduating from Carbondale Area, Cody Ormes plans to attend college in the fall.





In the fall, Tyra St. Clair plans to attend college to become a veterinarian.



## Pinterest Your Interest!

## Frank's RedHot Buffalo Chicken Dip





### Ingredients:

- -2 packages cream cheese, cut into little cubes
- -4 cups shredded cooked chicken
- -1 cup Frank's RedHot Original
- -1 cup of your favorite ranch dressing
- -1 cup shredded cheddar cheese
- -2 tablespoons cut up green onions
- -Gorgonzola cheese (optional)

## Instructions:

Put all the blocks of cream cheese into a slow cooker. Next, put the shredded chicken, Frank's RedHot, ranch dressing of your choice, and only half of the cheddar cheese in the slow cooker. Cover and cook on the highest setting for 1 & 1/2 to 2 hours or until thoroughly heated. Keep stirring until well-mixed. Further the process by sprinkling the rest of the cheddar cheese and green onions right on top, then cover again. Cook 15 more minutes or until cheese is melted. Lastly, if you want to get fancy, sprinkle gorgonzola crumbles on top when served.

## Pumpkin Roll

## Cake Ingredients:

- -3 large eggs
- -1 cup granulated sugar
- -2/3 cup pumpkin puree (not pumpkin pie filling)
- -1 teaspoon baking powder
- -2 teaspoons pumpkin pie spice
- -1/2 teaspoon salt

## Cream Cheese Filling Incredients:

- -8 ounces cream cheese softened
- -4 tablespoons salted butter softened
- -1 cup powered sugar
- -1/2 teaspoon vanilla extract





### Instructions:

Preheat oven to 375 degrees F. Line a 10x15 inch jelly roll pan with parchment paper and set aside. In a large bow, whisk eggs, granulated sugar, pumpkin puree, & Vanilla extract until combined. Next, add flour, baking soda, pumpkin pie spice, & salt to the batter. Once everything is combined, add the mixture onto a prepared jelly roll pan and evenly spread. Then, bake for 15 minutes, or additional time is necessary if a toothpick doesn't come out clean. After cooking, remove from oven. Carefully roll up hot cake (With the parchment paper still attached) starting at one of the short ends. Roll up as tight as you can. Let the cake sit out until cool. Once cake is almost cool, you can start on the cream cheese filling. In a medium bowl, combine cream cheese, butter, powdered sugar, & vanilla. Mix until smooth and creamy. Once the cake is completely cool, gently unravel the cake, while removing the parchment paper, go very slowly, so you don't rip the cake. Now, spread the cream cheese filling evenly all over the inside of the rolled cake. Then, roll the cake back up & cover it with saran wrap. Place in refrigerator until chilled. Slice into pieces & serve! ENJOY!

## Pinterest Your Interest!

## Cookie Dough Oreo Brownies





## Chocolate Chip Cookie Layer:

- -3/4 cup unsalted butter softened
- -1/2 cup brown sugar
- -1/2 cup white sugar
- -1 large egg
- -1 large egg yolk (discard the white)
- -1 teaspoon vanilla extract
- -1 1/2 cup all purpose flour
- -1/4 teaspoon salt
- -2/3 cup chocolate chips

## Brownie Layer:

- -1/2 cup unsalted butter
- -6 oz dark chocolate
- -1 cup granulated sugar
- -2 large eggs
- -1/2 cup all purpose flour
- -1/4 cup cocoa powder
- -1/2 teaspoon salt

### Instructions;

- -Preheat the oven to 350 degrees
- -Grease a 9 X13 pan

## Oreo Layer:

-28 Oreo cookies



## Cookie Dough Layer Instructions:

Butter, brown sugar, and granulated sugar should all be thoroughly combined in a large bowl. Add the egg, the leftover yolk, and the vanilla extract (DO NOT add two entire eggs; discard the second egg whites). Beat in the flour and salt with the mixture running on low. With the mixer off, incorporate chocolate chips with a wooden spoon or spatula. Spread ingredients evenly with a spatula after spooning it into the prepared pan.

## Oreo Layer Instructions:

On top of the cookie dough, arrange the Oreo cookies and lightly press them down

### **Brownie Layer Instructions:**

Chop the chocolate very finely. Put the butter and chocolate in a sizeable heatproof bowl. 45-second intervals of medium power microwave. Between each interval, take out of the microwave and whisk the batter. (Avoid using a high power microwave; otherwise, the chocolate may burn or become gritty). After allowing the liquid to cool for about five minutes, whisk in the eggs and sugar. Once the batter is nearly incorporated, whisk the flour, cocoa, and salt. Ensure to sift the flour and cocoa if they are lumpy. Over the Oreo layer, drop spoonfuls of the brownie batter into the pan. Then, distribute evenly.

## Baking and Cooling:

When a toothpick is inserted, the brownies are done when they come out dry or with a few moist crumbs after 37 to 45 minutes in the preheated oven. Depending on your oven and how gooey you prefer your brownies, the baking time will change. Before cutting the brownies, let them cool for at least four hours. For up to four days, keep leftovers at room temperature in and airtight container.

## Pinterest Your Interest!

## The best Macaroni and Cheese





## Ingredients:

- 1 lbs macaroni
- 4 oz cream cheese
- 4 cups heavy cream
- 2 tsp salt
- 2 tsp of white pepper
- 2 tsp of paprika
- 2 tsp garlic powder
- 2 tsp of onion powder
- 1/2 cup of pasta water
- 8 tbsp butter
- handful minced garlic
- 1 minced shallot
- 3 tbsp flour
- 8 oz freshly grated cheddar cheese (sharp or mild)
- 8 oz freshly grated (or pepper jack)
- 8 oz freshly grated white cheddar cheese

### Instructions:

- -Grab a pot & add heavy cream, cream cheese, seasonings, do not let it simmer for to long, we just want to warm it up before we add it to our roux.
- -In a separate pot, bring a pot of water to a boil, and some salt
- -drain the pasta
- -(on low medium heat) in the same pot you boiled your pasta in, add your pasta, butter, minced garlic, and shallot for 2-3 minutes.
- -add in your flour and continue to stir until its golden brown
- -once your sause is done, you now add in your cooked pasta and stir until well coated.
- -grab dish you'd like to serve your pasta in, add a layer of cheese
- -bake at 350 until you're satisfied
- you're done, enjoy!

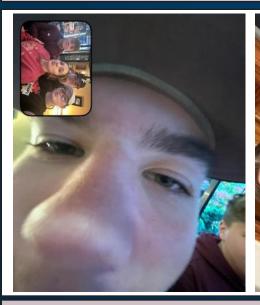
## BeReal

BeReal.

! Time to BeReal. !

## What is BeReal?

With the help of the photo- sharing app BeReal, users can publish one picture each day to show their followers what they are up to in real time. Users have a two- minute window to share what they are doing, or their post will be considered late. Users can avoid spending a lot of time on the program during the day because you can only post once, setting it apart from other social media networking sites. This app was founded in December 2019 and gets more popular every day. Around 73.5 million people use BeReal at least once a day.







## How Does it Work?

Users get a "Time to BeReal" notification once each day at a random time. This gives the user a two- minute window in which to post a photo of what they are doing right now. The goal of this is to take an unaltered, true snapshot of the life of the user. Users will be incapable of posting after the two- minute time has passed and will not be allowed to view other users photographs until after they have posted their own. Users have the option to take additional images, but the app will track how often they do so. The software also displays how many times a user attempted to record a BeReal moment. Users can react to others postings by using their RealMoji, or an emoji that features their selfie and imitates an emoji reaction, even though the app does not have a "like" option. The app does not permit posting of videos and does not have any filters or edit controls.

## TikTok

If you've been active on the Internet for the past five years, you have probably heard of the widely popular app "TikTok". TikTok is a short-form video app that gained popularity in 2018, when it replaced the similar app "Musical.ly" on the app store. With over 1.6 billion users worldwide, many find themselves mindlessly scrolling for hours. So, what is it that leaves users hooked? The answer is more simple than you may think. Millions of TikTok videos are made each year. This can be attributed to the simple production process. On the app, all you have to do is hit record and-boom! The chance to go viral is at your fingertips! Many people take advantage of this opportunity. The algorithm is created by Tik-Tokers, for Tik-Tokers, so the more videos created, the more videos to watch! As trends come and go over the years, one thing stays certain: TikTok is on top!



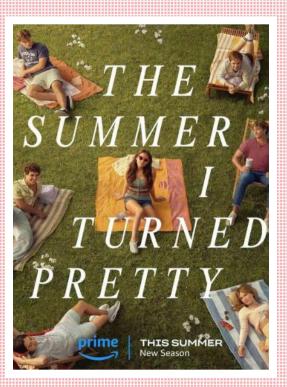




## **FUN FACT!**

Tik Tok was originally called "Douyin" before being turned into a U.S. company. Douyin is still used in China!

## Binge Worthy



The Summer I Turned Pretty is a popular show that consists of two seasons written and directed by Jenny Han. Both seasons are found on Amazon Prime. Season two came on the scene during the summer of '23. So many of the fans were hooked from the first episode and cannot wait for season three to make it debut. Season 1 came out in the summer of 2022 where it drew fans in and became a hit. Both seasons are based on the main character, Isabel "Belly" Conklin's love life between two brothers, Conrad and Jeremiah Fisher, as she struggles with making a choice on which brother she loves more.

On July 21st, 2023, theaters released a comedy/drama motion picture titled "Barbie". This film takes place in Barbieland until stereotypical Barbie (played by Margot Robbie) develops a malfunction causing her to leave Barbieland and go to the real world to find the girl who is playing with her. While Barbie was in the real world, Ken (played by Ryan Gosling) was attempting to take over Barbieland and turn it into Kendom. Once Barbie found who was playing with her, they rushed back to Barbieland to stop Ken. By the end of the movie, Barbie realized she did not want to be stereotypical Barbie anymore and just wanted to be an ordinary girl who lives in the real world. Not one of our favs, but give it a watch.







TWITTER (X)

VS.

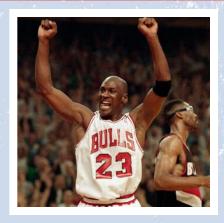
**INSTAGRAM (THREADS)** 



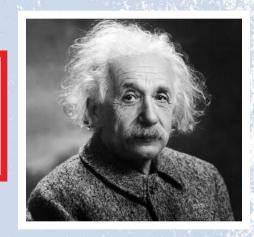
Controversy has been brewing between two infamous CEOs. The owners of two of the most successful apps of the century, Mark Zuckerburg and Elon Musk, have become the internet's favorite rivalry. In late July, Musk changed the logo for Twitter from the recognizable blue bird to a simple black letter X. Elon's reason for the change is because it represents his plans to create an "everything app". Zuckerberg made Facebook, along with a virtual reality experience known as "Meta". Threads was created with the hope that people will find their community better than that of "X" and to offer a fresh perspective on public conversations and entertainment media. Some people are torn on what app is able to outdo the other, so they decided to do something huge. Musk suggested that he and Zuckerberg would do an "MMA" cage fight and battle it out for who has the better social media app. However, after two long months of training, the fight was canceled. Though the two still attempt to compare their apps, the media has not come to a consensus on who has the better program.

## Inspiring Quotes

"I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to to take the game winning shot and missed. I've failed over and over and over again in my life, and that is why I succeed." - Michael Jordan



"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world."- Albert Einstein





"Don't yuck somebody else's yum." - Mr. Barnett.



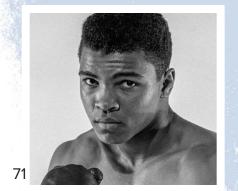
"Yesterday is history, Tomorrow is a mystery, but Today is a gift. That is why it is called the present." -Master Oogway

"You miss 100% of the shots you don't take."-Wayne Gretzky



"When you have a dream, you've got to grab it and never let go."
-Carol Burnett





"He who is not courageous enough to take risks will accomplish nothing in life"- Muhammad Ali



"If you can believe in Santa, you can believe in yourself." -Mr. Perri

# GMEEN23















