

Red and Blue News

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The Red and Blue News is back! Our third quarter edition is filled to the brim with action packed pages! As our year comes to an end, we highlighted the clubs that make up CA. Our team was on the hunt this quarter for the best new restaurants and the most interesting headlines, along with the news right here in Carbondale! If Taylor Swift is more your style, our staff brings you her latest strides in the pop culture world. Welcome to the third edition of the Red and Blue News!



Chargers in the News



Congratulations to our two Unified Bocce seniors (Jacob Berg and Zach Staples) and their families on their Senior-Parent Recognition Night held on Tuesday, February 6 at the high school. The Chargers competed against Abington Heights.

Pictured left to right: Front Row: Jacob Berg and Zach Staples. Middle Row: Robert Berg, Amy Berg, Leslie Staples, Keith Staples, Mrs. Anna Magistro, Assistant Special Education Director, and Miss Samantha Masco, Unified Bocce Head Coach. Back Row: Mrs. Holly Sayre, Superintendent of Schools, Mr. Joseph Farrell, High School Principal, Mr. Lawrence Gabriel III, Assistant Principal/Athletic Director, and Mr. Michael Murphy, Assistant Unified Bocce Coach.



Chargers in the News



Both our elementary and high schools raised a combined total of \$1275 for Officer Kyle Gilmartin and his family through a dress-down day. The Carbondale Area School District sends Officer Gilmartin and his family our well wishes.

Pictured left to right: Mr. Lawrence Gabriel III, High School Assistant Principal, Ms. Meg Duffy, Elementary School Principal, Andrew Balderas, Senior Student, Mr. Paul Tomczyk, Scranton Police Department Detective, Mrs. Holly Sayre, Superintendent of Schools, Emily Tropeano, Senior Student, and Mr. Joseph Farrell, High School Principal.



Hannah McCaffrey and Eliana Connolly attended the Aavidum Friend to Friend Conference at the NEIU. Hannah and Eliana learned different strategies to equip students with the basic helping skills they need to make a difference in the life of a friend who is struggling emotionally. The Aavidum Friend to Friend program helps students recognize their value and find help, hope, and healing through the authentic connection of a caring friend.

Hannah and Eliana will bring these strategies to Carbondale Area through the Carbondale Area Aavidum Club, which will be making its way to Carbondale in March!

Chargers in the News

PJAS COMPETITION

Results are in from the Regional Pennsylvania Junior Academy of Science Competition. Over 450 students participated in the competition and as always, Carbondale Area students showed their dominance in the areas of behavioral science, computer science, biology, chemistry, microbiology, physics, and mathematics. Of the 37 students who competed, 22 students achieved first place awards and will be continuing on to the State competition at Penn State University in May. Additionally, 15 students placed second. Senior Jacob Berg was awarded a 4-year cash scholarship to Penn State Worthington.

First Place was awarded to:

Claire Serkosky, Gabrielle Granville, Maureen Newcomb, Olivia Lawler, William Murphy, Alexander Mackey, Ella Casper, Elvira Morrero, Mason Nepa, Hong Tran, Caitlyn Burns, Rylie Toolan, Caden Brennan, Jocelyn Brown, Juliette Racht, Aiden Mannis, Maggie Perri, Abby Carachilo, Masie Bognatz, Kylie Kelly, Gabriella Gregory, and Jacob Berg

Second Place Awards:

Aryonna Castaneda, Stephanie Baker, Macey Loughney, Jordan Berg, Brooke Burns, Molly Kelly, Megan Cosklo, Matthew Serkosky, Madelena Zaccane, Aurora Esgro, Anna Pauswinski, Alyssa Cotter, Lyssa Durkin, Harang Granville, and Colt Calabro.



Kneeling L-R: Gabriella Granville, Alyssa Cotter, Anna Pauswinski, Colt Calabro, Claire Serkosky, Masie Bognatz, Gabriella Gregory, Macey Loughney, Maggie Perri, Brooke Burns, and Harang Granville, and Jordan Berg

Row 2- L-R: Ms. Mandy Jadick, Co-Advisor, Stephanie Baker, Aryonna Castaneda, Caitlyn Burns, Hong Tran, Lyssa Durkin, Olivia Lawler, Maddie Zaccane, Maurie Newcomb, Elvira Morrero, Ella Casper, Caden Brennan, Molly Kelly, Kylie Kelly, Megan Cosklo, Rylie Toolan, Aiden Manis, Abby Carachilo, Alexander Makey, William Murphy, Mason Nepa, Matthew Serkosky, Aurora Esgro, Jacob Berg, and Ms. Samantha Masco, Co-Advisor



Seniors: Ms. Jadick, Caden Brennan, Molly Kelly, Kylie Kelly, Megan Cosklo, Jocelyn Brown, Jacob Berg, Ms. Masco. Absent when photo was taken- Juliette Racht

Chargers in the News



Pictured left to right: First Row (Sitting)- Nicholas Steinruck, Ethan Fuller, Julian Zayas, Siomi Perez, Sadie Lynady, Giada Meloni, Emberleigh Ocasio, Valentina Velazquez, and Ryder Lynady. Second Row (Sitting)- Zendaya Miller, Julian Zayas, and Golden Grey. Third Row (Standing)- Paris Arthur, Jeremiah Camacho, Connor Chapman, Eleanor Taylor, Niomi Mink, and Karl Anthony Zantowsky. Back Row (Standing)- Aiden Mannis, Olivia Lawler, Natalie Skeba, and Hong Tran.

On Wednesday, February 14th, members of the Future Teachers Club visited the elementary school to teach a lesson about Presidents Day to the first-grade classes. Students learned about the history of the holiday and completed fun activities such as coloring and making a president mask. "It was so great being in that environment and helping the children learn more. Working with them was very eye opening and helped me to gain experience in the teaching field," explained club member and participant Ella Casper. The club plans to teach more lessons in the future to provide members with real-world teaching experience, in addition to the peer tutoring they provide in the high school.



Pictured left to right are the following: Front Row- Ava White, Scott Snyder, and Madysen Usher. Middle Row- Ian Korner, Isaiah Kilmer, and Connor Casey. Back Row- Daniel Gonzalez, Ryan Haynes, Ethen Brewen, and Jayden Delanoy.

Carbondale Area students have been participating in the Certified Manufacturing Associate Program through Lackawanna College. This program gives the students the chance to earn a nationally recognized certificate as a Certified Manufacturing Associate and is preparing them for a high demand career in the manufacturing industry. Upon completion of the program, a graduation ceremony will be held at Lackawanna College. CA would like to recognize these students for their hard work and determination. We are proud of you!

History of the Flag

The library is the hub of our school. Hundreds of students shuffle in and out every day, usually in a hurry, too busy with a mundane daily task to take in their surroundings. A new addition to our library, though, is a flag. Not just any flag, though, but a flag that conveys the freedom of our country, right here in Carbondale. I sat down with former U.S. Army Captain and history teacher, Bruce Gordon, who flew this flag for us.

You may hear some refer to our flag as “Old Glory,” but why is this? The name was initially presented by Captain William Driver, who was gifted the original by his mother, along with a group of Salem girls for his 21st birthday. Though he usually waved it proudly, he had to hide his flag when his state of Tennessee broke from the Union. He sewed it into a comforter to ensure its safety. Driver removed the flag on February 25th, 1862, when Union soldiers set foot in Nashville. At the U.S. Capitol, he proudly waved it. In his dying moments he gifted it to his daughter, and said to her, “Mary Jane, this is my ships flag, Old Glory. It has been my constant companion. I love it as a mother loves her child. Cherish it as I have cherished it.”



Bruce Gordon flew this flag at Camp Patriot, the Kuwait Naval Base on July 4th, 2013. It was presented to our school as a token of his gratitude for the school's patience through his deployment. When the flag made its way to our school, though, it was tucked away in storage during renovations. Years later, it was returned to Mr. Gordon. When presented with this opportunity, he saw it as a sign to bring the flag out into the public eye. Now that the flag is displayed, Gordon says that “The next step is hanging up and framing the Certificate of Flag Presentation, along with the memorandum.” By taking these strides to honor those who fought for us, we can show more respect for them and our country as a whole.

FBLA Regional Competition

By: Ella Casper

Ella Casper



As with most things in Northeastern PA, the weather always plays a factor especially during the winter months. Due to the weather forecast, FBLA Region 22 was unable to hold their annual Regional Leadership Conference in person. Despite this, the members of Carbondale Area's FBLA received the outstanding news that forty-eight Chargers have qualified for the state competition this year. The 2024 State Leadership Conference will be held at the Hershey Lodge in April. Some members will be required to complete another test assessment while attending SLC 24. Other members will be required to present on a topic related to the category they tested in. Congratulations to all state qualifiers and good luck competing at the next level!

2

Second Place:

Ava Peregrin, Ian Dzielak, Kylie Kelly, Ciara Martin, Gianna Perry, Ashleigh Arnese, Maureen Newcomb, Madelena Zaccone, John Gorel, and Abigail Wall

3

Third Place:

Angelica Prieto, Rylee Colonna, Scott Santos, Abigail Lynady, Emily Grover, Summer Young, and Eliana Connolly

1

First Place:

(Top row pictured left to right)

Alexander Mackey, Mason Nepa, Lyssa Durkin, Anna Pauswinski, Zachary Tarchak, (Bottom row pictured left to right) Matthew Serkosky, Olivia Lawler, Erika Hollis, Ella Casper, Molly Kelly, Riley Brennan, Taylor Corrigan, and Adrienne Titley

4

Fourth Place:

Juliette Racht, Max Rosler, Elvira Marrero, Jocelyn Brown, Caden Brennan, Abigail Carachilo, Nico Laguzzi, and Saniya Henderson

5

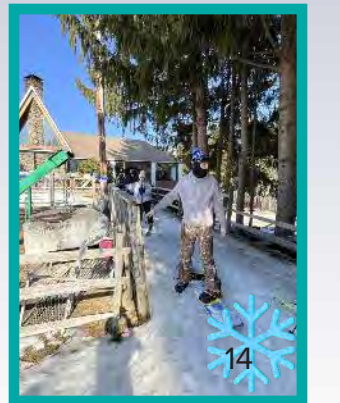
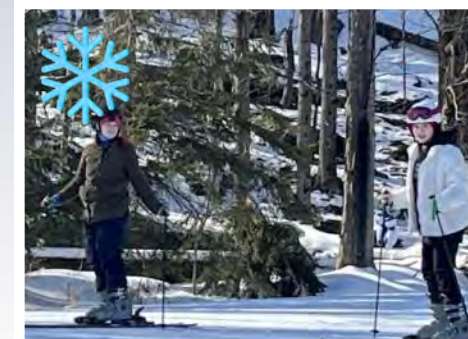
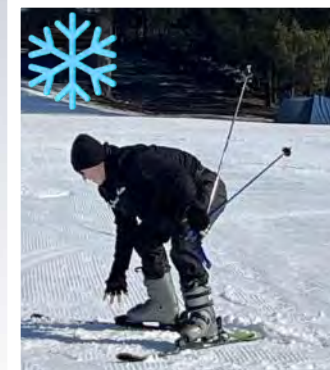
Fifth Place:

Leila Esgro, Aurora Esgro, Evan Cerra, and Kaci Bannon



SKI TRIP 2024

Recently, our Ski Club took a trip to Elk Mountain in Susquehanna Count. Elk was founded in 1959, making it one of Pennsylvania's first commercial ski areas. Junior and senior members of the club were able to attend the trip. Students reported one fun area of the mountain was the terrain park, which had jumps, rails, hills, and other obstacles alike. Another student added, "it was a fun experience, but was very challenging." However, many claim that they would love to go again. Attendees recommend the trip to our freshmen and sophomores, or just anyone who hasn't gone yet.



National Honor Society

By: Gianna Perry



On Tuesday, March 19th, 2024, at 7:00PM, the honor society ceremony was held in the Carbondale Area High School Auditorium. The National Honor Society and National Junior Honor Society Ceremony is an event held to honor all academic achieving students. This organization recognizes high schoolers that meet higher academic standards. For Carbondale, that standard is an average of 93% per academic quarter.

During the ceremony, junior member, Eliana Connolly performed "Landslide" by Fleetwood Mac; junior member, Ava Peregrin, performed "Vienna" by Billy Joel; junior member, Ryleigh Brink, sang the "National Anthem"; and sophomore member, Julian Fedorchak, played the entering and exiting processional on piano.

The National Honor Society prides itself on the qualities of character, leadership, scholarship, and service. The importance of possessing these qualities was explained to those in attendance.

The evening concluded with closing remarks from principal, Mr. Farrell. Congratulations to all members! #CHARGERPRIDENEVERDIES

*Seventh Grade Members
of
National Junior
Honor Society*



*Eighth Grade Members
of National Junior
Honor Society*



*Freshmen Members
of National Junior
Honor Society*



*Sophomore Members
of
National Honor Society*



*Junior
Members
of
National Honor Society*



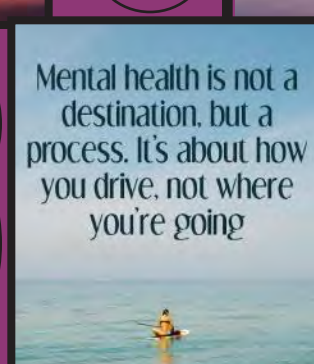
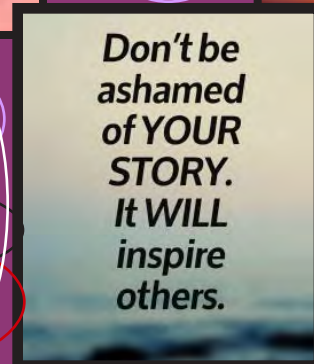
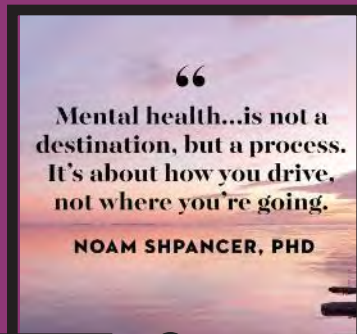
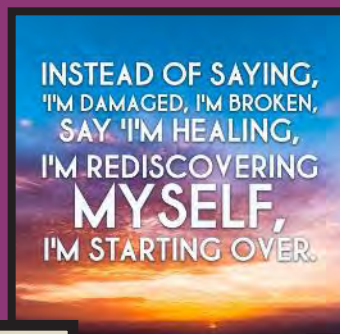
*Senior
Members
of
National Honor Society*



New Year... New You...

Individuals who suffer from mental illnesses most likely fall victim to the stigma that because mental illness cannot be seen, it does not exist. Most people with mental health issues are treated differently, perceived negatively, or made to feel lower than others. All of these can actually hurt rather than help a person's mental well-being. Many are seen as weak if they mention their mental issues, but mental health continues to be overlooked by too many people.

It is okay to be sad, but please never face it alone because you are not alone! There are people who care about you and want to help you.



Here are Some Ways to Strengthen your Mental Health:

- Spend time with the ones you love.
- Set goals and deadlines to meet the goals.
- Get enough sleep – EVERY night!
- Volunteer within your community.
- Journal your thoughts rather than keeping them all inside.
- Don't be afraid to laugh!
- Talk to someone!
- Create bonds with kind people!
- Practice mindfulness.
- And lastly, never give up! Whatever you are going through right now will get better. I promise!

"Mental health isn't a choice... Recovery is."



Pro Bowl



The Pro Bowl, an age old tradition, is a game where the best players in the NFL from the Eastern and Western conference face off against each other on teams chosen by votes of the fans, coaches, and other players of the NFL. The players of the two teams going to the Super Bowl are not able to be chosen to avoid injuries. The first official Pro Bowl was played in January 1951 at the Los Angeles Memorial Coliseum. That year, Otto Graham, the quarterback for the Browns at the time, led the American Conference to a 28-27 win. Over the years, the games have been pretty close, however, the AFC seems to be more successful with 26 wins while the NFC only has 22 wins since 1951. Merlin Olson, who played defensive tackle for the Los Angeles Rams has been to the Pro Bowl more than any other player, with 14 straight appearances, only not being selected on his last year in the NFL. This year's Pro Bowl was played on February 4th, in Camping World Stadium in Orlando, Florida. The NFC took the win over the AFC this year with a score of 64-59. The MVP of this year's Pro Bowl came down to a draw, resulting in a tie between Baker Mayfield and Demario Davis.



By: Andrew Balderas



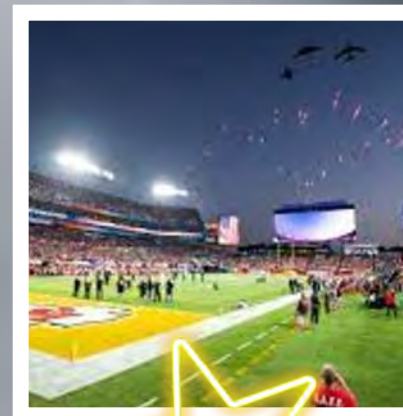


Super Bowl LVIII



By: Preston Casey

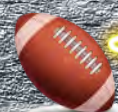
The 2024 Super Bowl was one to remember. The teams that competed this year for the title were the San Francisco 49ers and the Kansas City Chiefs. The Chiefs were representing the AFC, and the 49ers are representing the NFC. This game was a nail biter that went down to the very end in over-time with the Chiefs scoring the game winning touchdown. Patrick Mahomes lead the game winning drive and threw the touchdown to seal the win. He received his third Super Bowl win along with his third Super Bowl MVP award. Mahomes finished with 400 scrimmage yards, throwing for 333 yards and rushing for 66 of them. Travis Kelce was the leading receiver for the night, having nine receptions for 93 yards. Players like Mecole Hardman and Isiah Pacheco had some timely big plays to keep the Chiefs in the ball game. In the end, the Chiefs came out on top winning 25-23.



Halftime Show

By: Kierra Borosky

After last year's halftime show with Rihanna having everyone on the edge of their seats, we all had very high expectations for Usher. There were many assumptions on who Usher was going to bring out during his halftime extravaganza. Some believed that Taylor Swift would make a guest appearance due to her relationship with Travis Kelce. However, Usher brought out Alicia Keys, where she sang her 2003 hit song "If I Ain't Got You" which was an absolute hit and had the audience in awe. Usher had his choreography and dancers on roller skates which was very unique. He also had numerous costume changes which was fantastic! You may think that Usher's Super Bowl halftime show was not stellar. You would be wrong though because *Fast and Furious* star Ludacris showed up to perform his verse from "Yeah!" at the end. In the opinion of the *Red and Blue Newspaper*, his performance was great but we wish he sang older songs and brought out JB with him. Regardless, it was very entertaining, and we applaud his performance!





Super Bowl Snacks



Pigs in A Blanket



All-purpose flour, for surface
 1 (8-oz.) tube crescent rolls
 1 (12-oz.) package mini cocktail weiners
 4 tbsp. melted unsalted butter
 Coarse salt



We are drawn to the flavor of crescent roll dough because it is so traditional, but biscuit dough or puff pastry would also work well in this situation, so why not try these delicious biscuit dough wrapped hot dogs for your friends and family this Superbowl!?!?

First, preheat oven to 375° and roll out crescent dough. Then, cut the triangles into three smaller triangles. Wrap cocktail weiners in crescent dough. Brush on butter and salt. Lastly, cook for 12 to 15 minutes on a baking sheet.



Toasted Ravioli



1 large egg
 2 tbsp. whole milk
 2/3 c. dried Italian-style or plain bread crumbs (not panko)
 Kosher salt
 Freshly ground black pepper
 1 (10-oz.) pkg. refrigerated or frozen any flavor ravioli



This snack is easy to make and requires no skill at all. Start with your preferred store bought or homemaderavioli. Then, cook them in heated oil or in your air fryer after coating them in eggs and bread crumbs. For the greatest tailgate appetizer ever, serve them warm with marinara on the side and top with Parmesan cheese.

To start, whisk egg and milk in one bowl, and bread crumbs, salt, and pepper in another. Next, dip each ravioli in the wet mix. Then the dry mix right after. Be sure to do this one at a time. Then, coat your air fryer with cooking spray. Cook raviolis in one layer at a time for 5-7 minutes at 350 degrees. Lastly, put some Parmesan cheese on top. Serve with warm marinara sauce.



BBQ Chicken French Bread Pizza



1 loaf French bread
 BBQ sauce
 Cooked, shredded chicken
 Shredded Mozzarella cheese
 Cilantro



For this BBQ chicken french bread pizza, store-bought bread does most of the work for you. All you need to do is cut it in half, put your pizza together, and bake until the cheese bubbles and turns golden brown. If you want to make this recipe even easier, you may even want to try store-bought barbecue sauce to top it all off.

First, cut French bread in half and put it on a large baking sheet. Cover each side with BBQ sauce then load up with chicken and cheese. Next, bake at 375° for 12 to 15 minutes. Lastly, take out of the oven and top with chopped cilantro. Slices into piece and enjoy!



Pasta Chips



1 lb. bowtie pasta
 Vegetable oil
 1/2 c. freshly grated Parmesan
 1 tsp. Italian seasoning
 1 tsp. garlic powder
 salt and pepper
 marinara



I take it you've heard of toasted ravioli? It's time to discover more about your favorite pasta chips now! All you need is an air fry, a pasta of your choice, and serve with dipping sauces; my favorite is marinara. These are ideal as a snack. They are very easy to put together. Why not give this recipe a try for the big game?!?

First, cook pasta to al dente and drain when done. Next, in a deep skillet, cook oil until hot, and fry pasta in batches of single layers for about two minutes on each side. When done, immediately coat with italian seasoning, garlic powder, salt, and pepper. Lastly, serve with warm marinara.

Top 5 SUPER BOWL LVIII ADS

By: Kierra Borosky and Preston Casey

As you probably already know, the Super Bowl is known to have the best and most absurd commercials. It is the only time the audience actually enjoys watching the commercials. Around this time is when all the big companies come out with their best advertisements. These ads are not cheap! Each ad can cost the advertiser up to \$7,000,000 to run for 30 seconds. With that being said, it's time to rank the top 5 Super Bowl ads of 2024.

01

"Like a good neighbaaa"- State Farm

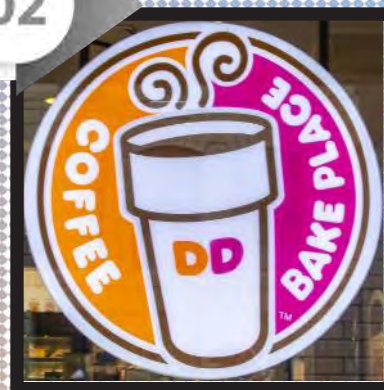
In this commercial, it features the famous body builder and actor, Arnold Schwarzenegger, along with Danny Devito who is a versatile entertainer and filmmaker. Throughout the commercial, Arnold is continuously trying to pronounce neighbor, but keeps saying "neighbaaa" due to his accent. Danny Devito steps in at the end and helps him out and says it correctly.



02

"The Dunkings"- Dunkin'

Dunkin' Donuts debuted an ad during the second quarter of the game where Ben Affleck attempts to impress wife Jennifer Lopez. The ad is for a new iced coffee drink. It shows Affleck forming a band called "the Dunkings" with Matt Damon and Tom Brady. Jack Harlow also makes an appearance.



03

"Perfect 10"- Kia

Kia Promoted a heartwarming commercial that promoted the new Kia EV9. The commercial starts with a young girl upset about her grandfather. The father travels to the grandfather's house in the all new Kia EV9, so the daughter can perform her figure skating right in front of him with the power of the car lighting up the way.



04

"Worth Remembering"- Uber Eats

Uber Eats spent 60 seconds of valuable Super Bowl airtime telling people that food isn't all they deliver. The commercial stars Jennifer Aniston and David Schwimmer, as well as David and Victoria Beckham. This commercial is a reminder that their services go beyond food.



05

Born to Play"- NFL

In this commercial, The NFL Super Bowl celebrates the growth of football internationally through the story of a young boy in Ghana who got the globe's attention. The commercial's tagline is, "it doesn't matter where you're born, if you're born to play."



Haters Gonna Hate: Taylor's Journey to the Super Bowl

By: Olivia Lawler



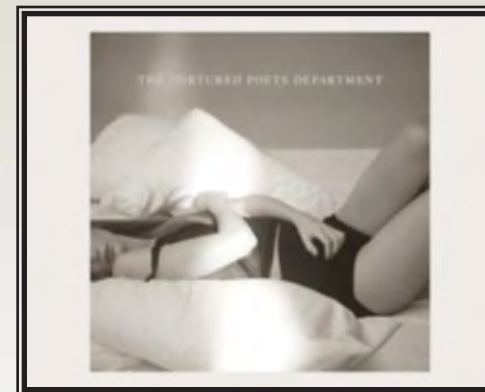
Taylor Swift is one of the most successful entertainers of all time, meaning that she is the face of most media. Whether it's her music on YouTube, her latest tours all over the news, or theories of her next release on apps like X and TikTok, the world is tuned in to Taylor. But what happens when Taylor's platform reaches male dominated spaces, like an NFL game? Recently, due to her 7-month relationship with Kansas City Chiefs tight end Travis Kelce, Taylor has been present at most of the games this season. The cameras tend to fixate on her celebrations when Kelce scores, which was exciting for the Swifties of the football world. Many fans of the team, though, are annoyed with her presence. After the playoff game, a heckler yelled, "You ruined football!" The 14-time Grammy winner has had her fair share of hate thrown her way, so she brushed it off with a playful, "I didn't do anything!" Swift now kicks off the second leg of her \$1.04 billion dollar (about \$3 per person in the U.S.) earning tour.



Meet Taylor's Newest Era: The Tortured Poet's Department

By: Olivia Lawler

As Taylor Swift stepped onto the Grammy's stage to accept her 13th award for Best Pop Vocal Album, viewers at home waited anxiously for her next move. 13 is Taylor's lucky number, and when something has significance to her, it is usually a clue to something bigger. Many fans theorized that she would be rereleasing her sixth studio album "Reputation" under her ownership, due to her black and white themed outfit correlating with the album's color scheme. But to everyone's surprise, Taylor announced the release of her brand new album, "The Tortured Poet's Department," on April 19th! Swift is yet to announce "Reputation (Taylor's Version)" but many speculate it will not have much warning, since the album's catchphrase is, "There will be no further explanation, there will just be reputation".

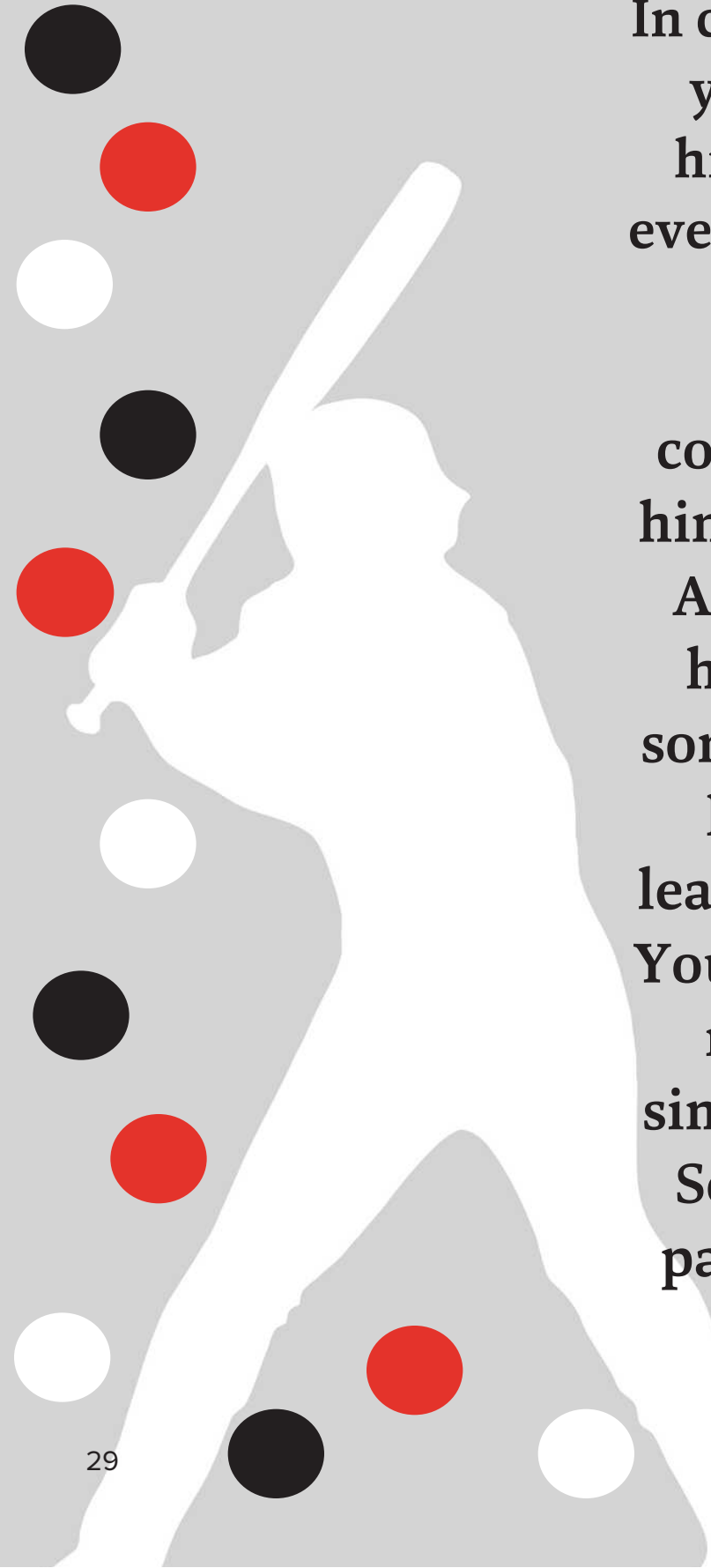
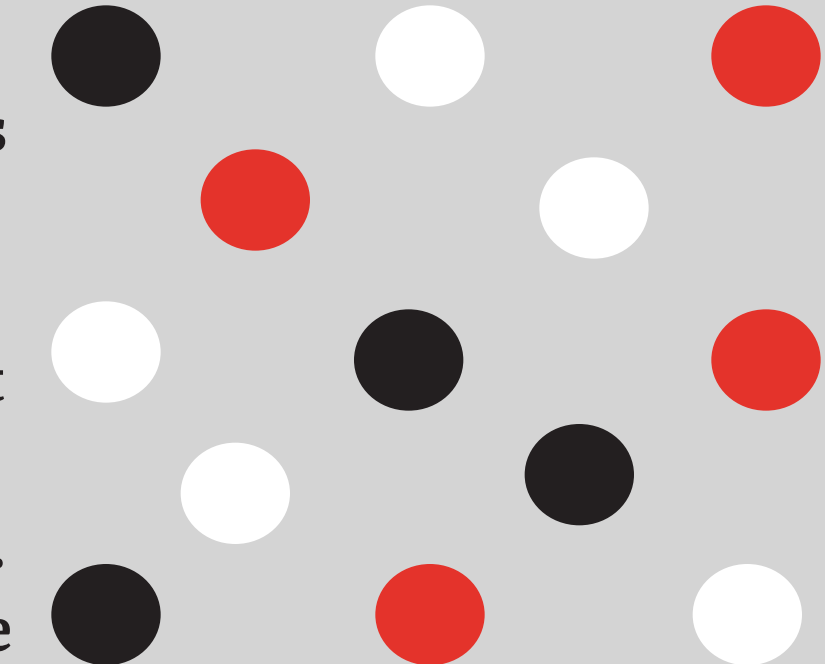
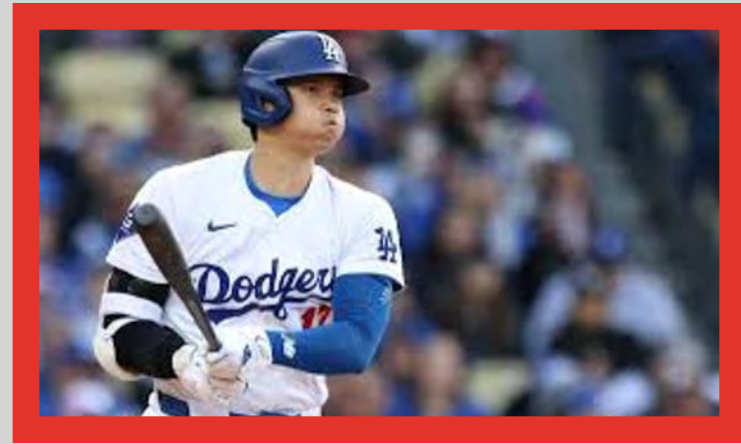


The Swiftie Dictionary

Taylor's Version- A rerecorded version of an album that is under Taylor's old management that is now owned by Taylor; stamp of Taylor Swift ownership.

Is Shohei Ohtani Worth it?

In case you aren't aware of who Shohei Ohtani is, he is a 29 year old American baseball player. Currently, he is the highest paid player in the history of all sports that have ever been played. He has a ten year, \$700,000,000 contract, with the Los Angeles Dodgers. Yes. You read that correction *SEVEN HUNDRED MILLION DOLLAR* contract for ten years! Here's a little background about him. Before signing with the Dodgers, he was on the Los Angeles Angels. His batting average was .274. He also had 167 strikeouts and a 3.14 ERA. These stats were some of the best the league has ever seen. To add to that list of accomplishments, he was one of the leagues leaders for home runs, hitting 44 of them on the season. You maybe asking yourself what separates him from the rest of the players in the MLB. The answer is rather simple. It is his ability to be a top tier pitcher and hitter. So, when it comes down to it, would you be willing to pay this much money for the best pitcher and hitter in the league? I'm hearing resounding... YES!!!



NCAA MARCH MADNESS

March Madness was first started in 1939. The first tournament was held at Northwestern University. Although it first started in 1939, it was first named by a CBS broadcaster named Brent Musburger in 1982. An average of 10 million Americans tune in to each game of the tournament. It is very easy for someone to get hooked to the big tournament no matter what they know about the sport. There is a wide variety of teams from different places and all have their own story to tell. The tournament is known for its big upsets. Year after year, the top teams seem to fall, and there's always one team with a "Cinderella Story". The Cinderella Story in March Madness is when a low-ranked team with seemingly no chance at all of winning, comes back and defeats a top team and makes a big run in the tournament. One of the latest Cinderella Stories was in 2018 when the 11 seed Loyola made it all the way to the Final Four! Loyola hit three straight game winners before falling short to Michigan in the final four. This year the favorites are the Uconn Huskies. They are coming off a championship season and are looking to repeat with a record of 31-3. As you can see, March Madness is very exciting and you should tune in this year to watch thrilling match ups and possible upsets!



Path To Success- Studying Tactics that Can Make Learning Fun



Do you ever sit down to study for a big test and not know where to start? Does the idea of reading the same notes over and over sound more like torture than a helpful method of memorization? Maybe it's not the material that's stumping you, but the way you're reviewing it. Here are some fun and engaging ways to prepare for exams.



The Doodle Method

By: **Olivia Lawler**

The Setting Method

This method of studying involves reading over materials and notes, but with an immersive twist. Take a sticky note, piece of paper, or anything you can write on. As you take in material, mindlessly doodle on this page. This studying tactic helps to stimulate multiple parts of your brain at once, causing your focus to be more evenly distributed. This helps to ease the stresses around studying which may block your ability to concentrate.



When you think of studying, you may think of hunkering down in your bedroom or living room. But, changing your location may help you concentrate. In your own house, you probably have many distractions, such as your television or other electronic devices. A library or cafe, however, does not have those personal touches. When you're in a public setting, you're less likely to be in a comfortable place like your bed, but rather a chair sitting in an upright position. By switching up your place of work, you will find that the peace and quiet of your home is not so peaceful or quiet.

The Game Method

For some people, testing and challenging the brain is more useful than simply reading over materials. The apps "Quizlet" and "Kahoot" are programs used to make quizzes and games centered around studying materials. You can utilize this tool by making a mock test, which may even end up resembling the real test. By using this method, you can put yourself in the testing mindset, better preparing you for your exams.



The Blurting Method

A true test of your memory is recalling everything you review. This way of studying starts with reviewing all your materials. After you do this and feel confident with your knowledge, take out a blank sheet of paper and write down any information you remember. This is a way to see what you still must look over. This method is a good final measure of your knowledge right before you take your test.

The Acting Method

This method of studying is by far the most outlandish and requires a bit of creative thinking. Consider this- you are reading a Shakespearian play, and you can't grasp the ideas within it. You can try to act it out, just like the real deal! This can be done with friends or by yourself. Making the lines a reality will help you to better understand the concepts and actions of the work, and, who knows, maybe you'll find a love of theater along the way!



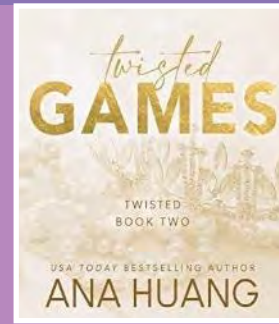
The 2, 3, 5, 7 Method

This method of studying is more drawn out than others, and takes days of preparation, but it prevents having to cram right before the test. The day you get your materials, review everything lightly. Then, in two days, review once again. The next day, continue to study as usual. Continue this pattern to the fifth day, then the seventh. It can continue like this for as long as you have new material being presented. This method helps you to maintain structure and organization throughout a long period of time.

What Should Be On Your TBR? - Series Edition

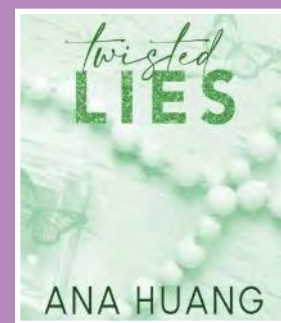
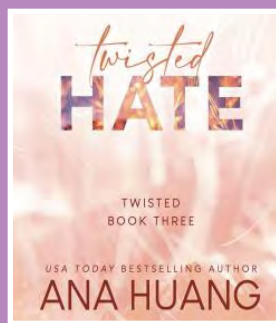
By: Delaney Strain

Twisted Series by Ana Huang (overall)- The four school companions Ava, Bridget, Jules, and Stella are the main characters of the Twisted Series. The reader follows each of them as they navigate challenges, discoveries, and transformations to learn about their journey to finding true love.



Ava and Alex, who have different personalities and a complicated past, never thought they would fall in love. But, that is until Josh, Alex's best friend and Ava's older brother, ask Alex to keep an eye on Ava while he is away for a pre-med internship. Twisted Love is a fun, dark, and bizarre romance that tells their story from Ava and Alex's points of view. The narrative is told in an alternate dual perspective.

Elite bodyguard, stoic, anxious and conceited, two rules apply to Rhys Larsen: 1) At all costs, keep his clients safe. 2) Refrain from getting too attached. Until her, he had never once felt the want to disobey those standards. Bridget von Ascheberg, a princess, whose secret flame turns his regulations to ash and whose persistent streak matches his own. She's everything he never knew he wanted and nothing at all like he expected.



Josh and Jules have been at odds for the previous seven years, but they have to call it quits when they have to work at the same hospital- Josh as an intern physician, and Jules as a temporary research associate- despite their attraction to one another. They decide to become friends with benefits with restrictions: no falling in love, no spending the night, and no dating someone else. Jules is bored of the dating conditions, and Josh does not have time to date.

Stella, a fashion enthusiast and social media star, is currently renting an apartment on Christian Harper's property at a very good price that Christian negotiated for her. Christian is a fascinating and intriguing man that no one wants to get close to. But, he's different. He's more gentle with Stella. Christian steps in to defend Stella as she is in danger because of a stalker. After that, their mutual attraction intensifies to the point where Christian will stop at nothing to be with Stella.

Off-Campus Series by Elle Kennedy (overall)- Four separate girls follow along as they form relationships with four members of the college hockey team who share a residence in Elle Kennedy's four-part companion series.



Hannah and Garrett are enrolled in the same course at Briar College. Everyone fails a serious test, with the exception of Hannah, who managed to receive an A+. When Garrett notices this, he asks Hannah to tutor him because he needs to maintain excellent grades in order to play hockey. They come to an agreement. She will tutor him only if he pretends to date her to get close to a football player. However, it appears that there is a genuine chemistry between the two.



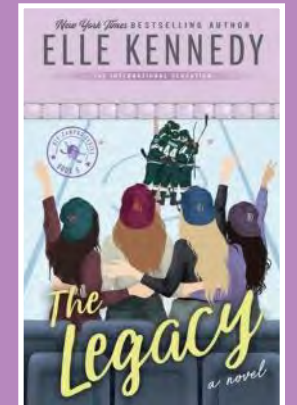
John Logan, a junior in college, can date any woman he desires. This hockey player believes that life is a parade of parties and hook-ups, but beneath his sleek smiles and laid back appeal, he is hiding his growing disappointment over the dead-end path that awaits him after college. Logan finds the perfect diversion when he meets freshman, Grace Ivers, but he needs to work on keeping her now that he has her.



Allie Hayes is experiencing a crisis. Graduation is almost approaching and she still has no idea what she wants to do after college. The breakup of her long-term relationship has left her with a broken heart, which worsens the situation. Her issues are most definitely not going to be solved by a one-night encounter, but Dean Di-Laurentis, the attractive hockey player, is hard to resist.



Sabrina James, a senior in college, has her entire future set up: she will graduate, get into law school, and work her way up to a high-paying position at a brilliant company. She is definitely not going to stumble upon a gorgeous hockey player who believes in love at first sight on her way to moving on with her humiliating past. She's willing to give John Tucker only one night, but sometimes all it takes is one night to completely alter your life.



Garrett and Hannah, Logan and Grace, Dean and Allie, and Tucker and Sabrina's post-college lives aren't quite what they had hoped for. They have each other, of course, but they also faced challenges in real life for which their four years at Briar University didn't prepare them. It turns out that falling in love is the simple part for these four couples. Growing up is far more difficult.

What Should Be On Your TBR? - Series Edition Continued

By:
Delaney
Strain

Knockemout Series by Lucy Score (overall)- The **Knockemout Series** by Lucy Score is a HUGE hit on TikTok. To sum up, this book series is best suited for mature readers who appreciate romantic fiction with some deeper story lines.

Naomi wasn't only abandoning her wedding day. She was also traveling to Knockemout, Virginia, to go on an adventure to save her vile twin, Tina. Unfortunately for Naomi, her wicked twin remained unchanged. After taking advantage of Naomi's vehicle and money, Tina leaves her with an unexpected gift. Naomi didn't know she had a niece. She is now stranded in the city without a job, a car, a house to care for, an 11- year- old, or a plan.



Nash Morgan has always been well- known for being the good brother. However, this police chief's charm has been overwhelmed by panic episodes and nightmares as he recovers from being shot. He feels like the sullen shadow of the man he used to be. Nash will not reveal his struggles to anyone in his life. However, Lina, his new neighbor next door, notices his shadows. She generally dislikes physical contact unless she initiates it, but Nash's touch is different for some reason. They have an intense physical connection that grounds him and makes her question if taking a chance on further exploration is acceptable.



Lean and ruthless, vengeance- seeking businessman Lucian Rollins is who he is. He spends every waking moment pulling strings and creating his enterprise in an attempt to remove his abusive father's mark from the family name. He feels safer the more wealth and influence he accumulates. Aside from one passionate small- town librarian, he doesn't have any other personal relationships.

The Summer I Turned Pretty Series (overall)- **The Summer I Turned Pretty**, a young adult romance, portrays Isabel "Belly" Conklin's maturity over the course of one summer that will never be forgotten. Belly remembers summertime memories that impacted her bond with the Fisher brothers, Conrad and Jeremiah, as she works through growing up and her first love. Belly discovers the meaning of taking chances to achieve her goals and that change is inevitable.

Summers are how Belly measures her life. Between June and August, everything wonderful and lovely occurs. Winters are only a time to mark off the weeks until summer arrives, a place away from Susannah, the beach home, and most importantly, a place away from Jeremiah and Conrad. Belly has known these boys since her first summer and everything in between. But the more things change over the course of one amazing and awful summer, the more things come to be exactly as they should have been from the beginning.



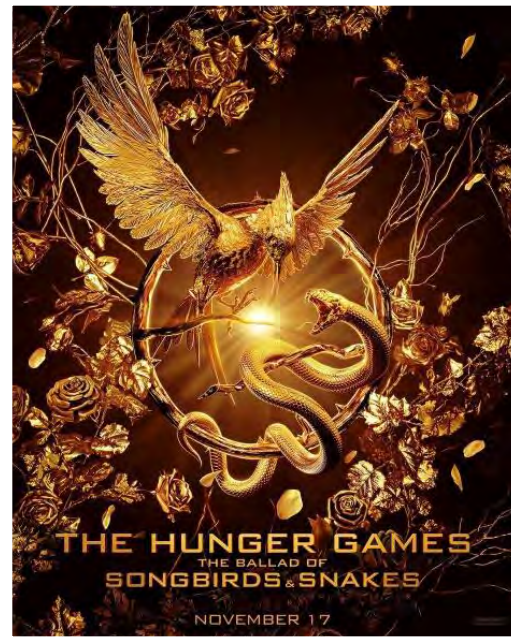
Belly used to look forward to summertime and the time she could spend at Cousin's Beach with Conrad and Jeremiah. However, not this year. Not until Susannah fell sick and lost interest in helping. Belly feels that everything that was nice and perfect has crumbled, and she wishes summer would never arrive. However, when Jeremiah calls to report that Conrad has vanished, Belly knows just what needs to be done to make things right. It can only occur when all three of them are together at the beach home, returning to the way things used to be. Should this summer indeed be the last, it deserves to conclude at Cousin's Beach, where it all began.

Belly has only had two lovers, both involving boys sharing the Fisher family name. She is almost certain that Jeremiah is her soul mate after spending the previous two years with him, but Conrad still feels bad about losing Belly. Conrad therefore understands that it is now or never to tell Belly he loves her, or else he would lose her forever when Belly and Jeremiah decide to make things permanent.



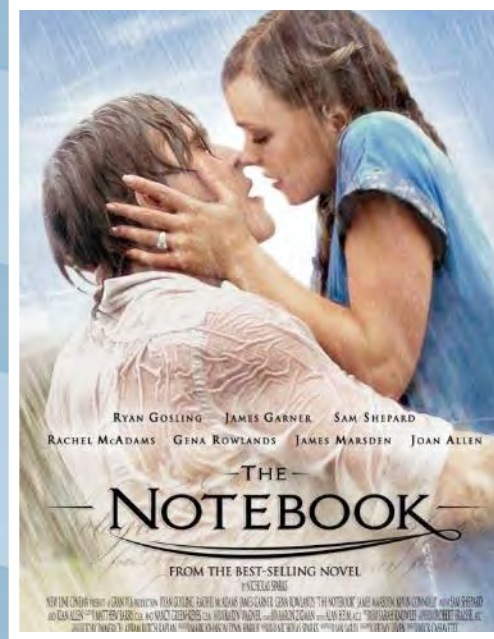
This is what You should be Watching By Jozly Santos

The Hunger Games



In the new movie The Hunger Games, the audience follows a new group of characters who are thrown into a deadly arena where they must fight for their lives. It's filled with action, suspense, and political intrigue. The movie explores themes of power, rebellion, and the fight against oppression. It's a thrilling and exciting adventure that keeps you on the edge of your seat from start to finish.

The Notebook



The Notebook is a beautiful and heartwarming romantic movie based on the novel by Nicholas Sparks. It tells the story of Noah and Allie, two young lovers from different backgrounds who fall deeply in love one summer. However, their love is tested by the realities of life and disapproval of Allie's parents. The movie follows their journey as they face obstacles, make difficult choices, and ultimately discover the power of true love that can withstand the test of time. It's a touching and emotional story that will make you laugh, cry, and believe in the power of love.

Harry Potter

The Harry Potter movies are a magical series based on the books by J.K. Rowling. They follow the adventures of Harry Potter, a young wizard, and his friends, Hermione Granger and Ron Weasley, as they attend Hogwarts School of Witchcraft and Wizardry. Throughout the movies, Harry discovers his true identity, battles dark forces, and learns friendship, and bravery. Each film is a thrilling journey filled with spells, potions, mythical creatures, and epic battles between good and evil.



La La Land

La La Land is a romantic musical film that tells a story of Mia, an aspiring actress, and Sebastian, a jazz musician. Set in modern-day Los Angeles, the movie follows their journey as they pursue their dreams while navigating the ups and downs of their relationship. The movie has stunning visuals, catchy songs, and beautiful choreography, La La Land captures the magic and challenges of following your passions. It's a heartfelt and nostalgic movie that celebrates the power of dreams and the pursuit of love.





TOP 5 of 2024... SO FAR



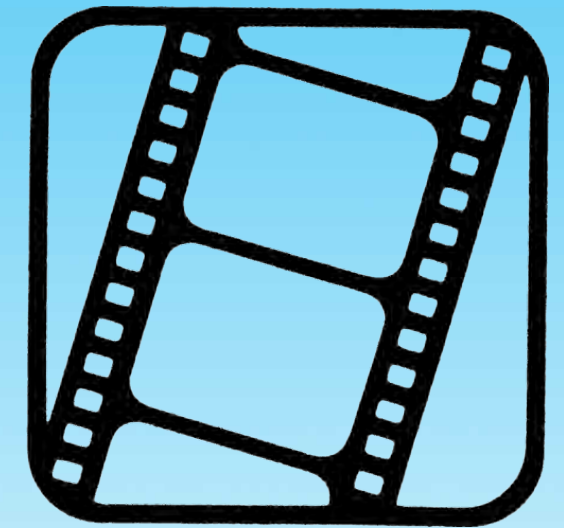
The first best movie so far in 2024 is Dune part 2. This movie is a sci-fi/adventure about exploring exploring the mythic journey of Paul Atreides as he unites with Chani and the Fremen while on a warpath of revenge against the conspirators who destroyed his family, but Villeneuve's sequel stays loyal to the book by changing it.



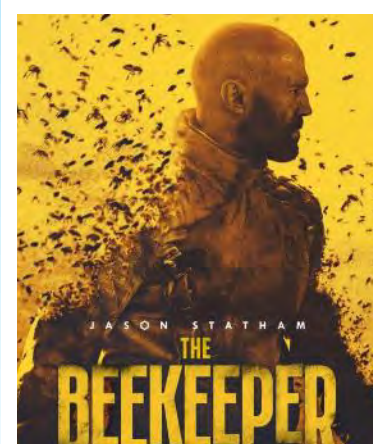
The second best movie so far in 2024 is Joker: folie a deux. This movie is a musical/thriller about Arthur Fleck (Joaquin Phoenix), a "clown-for-hire" who has a dream of becoming a great stand up comedian. Joker was initially conceived as a standalone film, although Warner Bros intended for it to launch a DC Black film series. Joker has been around for a long time which is what makes it so popular.



The third best movie so far in 2024 is Kung fu panda 4. This movie is a comedy/adventure about a panda named Po who helps his adoptive father, Mr. Ping, and biological father Li Shan, to open their new restaurant as Master Shifu arrives to tell him that he must advance and become the spiritual leader of the Valley of Peace. This means Po can no longer be the Dragon Warrior and must find a suitable candidate to take his place.



The 4th best movie so far in 2024 is Bob Marley: One love. This movie is a musical/drama about the story of how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music trying to become the most popular musician in the world.



The 5th best movie so far in 2024 is the beekeeper. This movie is a action/thriller about Apiarist his good-hearted landlady commits suicide after losing her charity's funds to a phishing scam, former "Beekeeper" operative Adam Clay sets out on a brutal campaign for revenge upon those responsible. Apiarist is a fancy word for a beekeeper. He enjoys working with an unusual kind of pet, the honeybee.



New Releases

By: Jimmy Gilia



Inside Out 2

Releasing: June 14, 2024

The emotions of Joy, Sadness, Anger, Fear, and Disgust have been running a successful operation by all accounts. However, when Anxiety shows up, they aren't sure how to feel. Anxiety isn't the only new arrival. Envy, Embarrassment, and Ennui all show up, too. This movie is sure to bring up a whole bunch of emotions, good and bad.



Migration

Released- December 22, 2023

A family of ducks decides to leave the safety of a New England pond for a trip to Jamaica. However, their well-laid out plans quickly go away when they get lost and wind up in New York City. Join the ducks on an adventure of a lifetime, meeting new birds and animals along their way to Jamaica. Will they ever make it there?



Wonka

Released- December 15, 2023

Armed with nothing but a hat full of dreams, young chocolatier Willy Wonka manages to change the world, one delectable bite at a time. This movie is about how William (Willy) Wonka created his chocolate bar, his chocolate factory, and how he met his Oompa Loompa friends. Wonka is also a musical.



Deadpool And Wolverine

Releasing: July 26th, 2024

Wolverine is recovering from his injuries when he crosses paths with the loudmouth, Deadpool. They team up to defeat a common enemy. This movie will be filled with action packed scenes of Deadpool and Wolverine fighting the villains and saving the day. Hopefully they win. Time will only tell who the winner is.

FLASHBACK FILMS 2000s TO 2020

By: Gianna Perry

There are many memorable movies that were released in the span of 2000s to 2020, and they range through every genre imaginable. This page features six different genres of the #1 movies throughout this era.



CRAZY, STUPID, LOVE 2011

running time: 142 MINUTES
directed by GLENN FIGARA and JOHN REQUA
produced by STEVE CARREL and DENISE DE NOVI
starring RYAN GOSLING, EMMA STONE, STEVE CARREL

#1
Romance Movie



WHIPLASH 2014

running time: 106 MINUTES
directed by DAMIEN CHAZELLE
produced by JASON BLUM, MICHELLE LITVAK, DAVID LANCASTER
HELEN ESTABROOK, GARY MICHAEL WALTERS, SARAH POTTS
starring MILES TELLER, JK SIMMONS, PAUL REZER

#1
Drama Movie



THE PURGE 2013

running time: 103 MINUTES
directed by JAMES DEMONACO
produced by JASON BLUM, MICHAEL BAY, ADREW FORM
starring FRANK GRILLO, CARMEN EJOGO, ZACH GILFORD

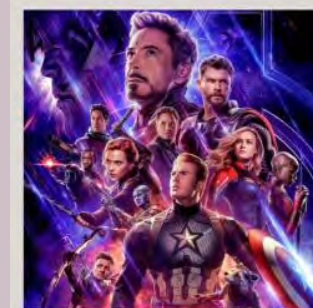
#1
Horror Movie



MEAN GIRLS 2004

running time: 97 MINUTES
directed by MARK WATERS
produced by LORNE MICHAELS
starring LINDSAY LOHAN, RACHEL McADAMS, TIM MEADOWS

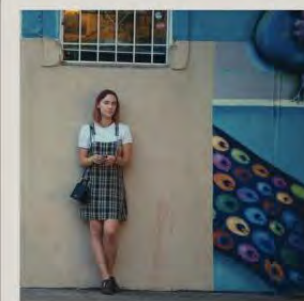
#1
Comedy Movie



AVENGERS: ENDGAME 2019

running time: 3h 2m
directed by ANTHONY RUSSO, JOE RUSSO
produced by KEVIN FEIGE
starring CHRIS EVANS, CHRIS HEMSWORTH, ROBERT DOWNEY JR.

#1
Action Movie

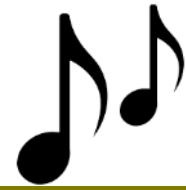


LADY BIRD 2017

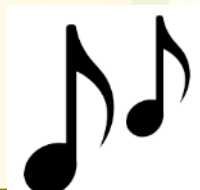
running time: 94 MINUTES
directed by GRETA GERWIG
produced by SCOTT RUDIN, ELI BLUSH, EVELYN O'NEILL
starring Saoirse Ronan, Laurie Metcalf, Timothee Chalamet

#1 Movie of the
entire decade





What You Should Be Listening To



LOST ARK STUDIO VOL.08

BASTARD SONS OF JOHNNY CASH - HIGHWAY BOUND
 NANCARROW - PARTY
 THE PALOMINOS - WHAT'S HER NAME?
 PHOEBE BRIDGERS - WAITING ROOM
 THE DONNIS TRIO - WRITTEN IN STONE
 SPERO - LIVING IN THE NIGHT
 TORI ROGG - CHEEK TO CHEEK
 LOWLY SPECTS - DON'T ASK, JUST LET ME KNOW
 MOTHER FALCON - PORCELAIN
 JOHN MEEKS - OLD MOON HEART

"Waiting Room" by Phoebe Bridgers is an unbelievably beautiful and haunting song that really captures emotions and tells a story. Phoebe's voice is so captivating, and the lyrics are incredibly relatable. It is perfect for those moments when you want to reflect and feel all the feelings.

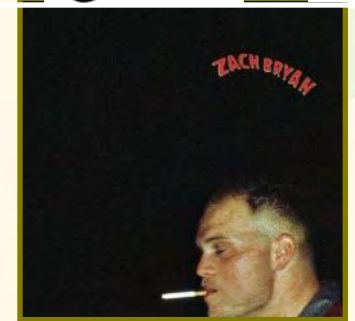
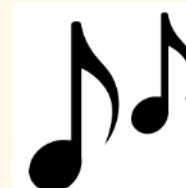


MONTGOMERY RICKY

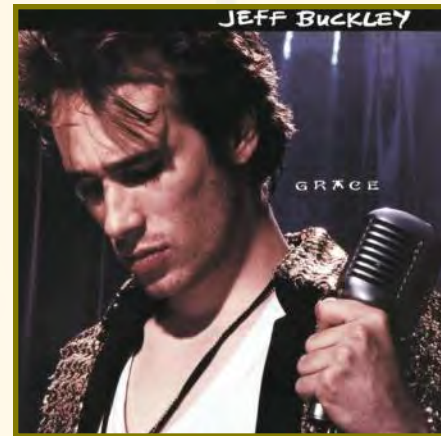
Ricky Montgomery's "Line Without a Hook" is a heartfelt song about feeling lonely and disconnected, longing for genuine connection. It is a relatable and introspective track that captures the emotions of heartbreak and the search for meaning in life. This song has such a catchy melody and the lyrics really hit you in the heart.



"I Don't Wanna Live Forever" by Zayn and Taylor Swift is a catchy and emotional song. The combination of Zayn's smooth vocals and Taylor's powerful voice creates a unique blend. Plus, the lyrics capture the feelings of heartbreak and longing in a relatable way.



Zach Bryan's and Kacey Musgraves' "I Remember Everything" is a heartfelt and introspective song that really resonates with the listener. Zach Bryan's raw and delicate vocals, combined with the beautiful acoustic melody, create a powerful and nostalgic atmosphere. The lyrics are deep and thought-provoking, exploring themes of reflection, memories, and the past.



"Lover, You Should've Come Over" by Jeff Buckley is a heart-wrenching song about love, regret, and missed opportunities. It is a powerful track that captures the emotions of a failed relationship and aching for things to have turned out differently. If this is your current situation, give it a listen. You won't be sorry!



Conan Gray's "The Cut That Always Bleeds" expresses the constant suffering and mental distress brought on by a destructive relationship. By comparing it to a cut that never fully heals, the lyrics highlight how tough it is to move on from someone who causes constant emotional suffering. People who understand the difficulties of these kinds of relationships will find the connection in the songs discussion of themes of heartbreak, desire, and the difficulty of breaking an abusive and toxic connection.



"It Will Rain" by Bruno Mars is a strong melancholy song about sadness and the agony of losing someone you love. Bruno Mars's deep voice portrays the emotion of being lost and distraught following a breakup. The song's emotional message resonates with a wide audience as it expresses the unfiltered feelings that accompany heartbreak. "It Will Rain" was featured in Twilight Breaking Dawn Part One during the credits to really prepare you for an emotional journey.



Lana Del Rey's "Watercolored Eyes" is a stunning and eerie song that impacts fans deeply on an emotional level. The song "Watercolored Eyes" is well known for its surreal vision, which carries listeners away to a beautiful, delicate world. The detailed descriptions used in Del Rey's songs help listeners visualize the songs. It's an incredibly beautiful song with a deep meaning behind it. It was also in a very popular HBO Original, "Euphoria."

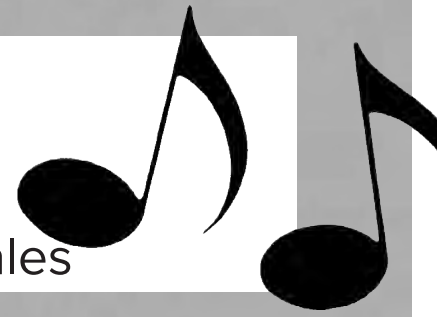




Tunes To Grow To



Dennis Morales



2008

"I kissed a girl"- Katy Perry
"Viva La Vida"- Coldplay
"So What"- P!nk

2009

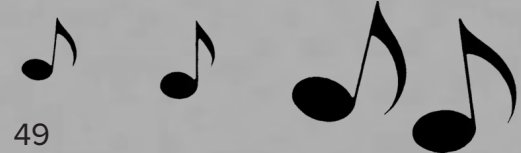
"Poker Face"- Lady Gaga
"Empire State of Mind"- Jay Z
"You Belong with Me"- Taylor Swift

2010

"Love the Way You Lie"- Eminem
"Waka Waka" Shakira
"Like A G6- Far East Movement

2011

"Pumped Up Kicks"- Foster The People
"You and I"- Lady Gaga
"Till the World Ends"- Britney Spears



2012

"Ho Hey"- The Lumineers
"Payphone"- Maroon 5
"Gangnam Style"- PSY

2013

"Royals"- Lorde
"Hold On, We're Going Home"- Drake
"Wrecking Ball"- Miley Cyrus

2014

"Happy"- Pharrell Williams
"Animas" Maroon 5
"Habitats"- Tove Lo

2015

"Hello"- Adele
"Trap Queen"- Fetty Wap
"FourFiveSeconds"- Kanye West

2016

"Formation"- Beyonce
"Heathens"- twenty one pilots
"Broccoli"- DRAM ft Lil Yachty



2017

"Masf Off"- Future
"Magnolia"- Playboi Carti
"Havana"- Camila Cabello

2018

"In My Feelings"- Drake
"SICKO MODE"- Travis Scott
"Mo Bamba"- Sheck Wes

2019

"EARFQUAKE"- Tyler, the Creator
"Circles"- Post Malone
"Pop Out"- Lil Tjay

2020

"WAP"- Cardi B
"Savage"- Megan Thee Stallion
"Rockstar"- Dababy



2021

"Driver's license"- Olivia Rodrigo
"RAPSTAR"- Polo G
"Peaches"- Justin Bieber

2022

"As It Was"- Harry Styles
"Bad Habit" Steve Lacy
"CUFF IT"- Beyonce

2023

"Vampire"- Olivia Rodrigo
"Boys a Liar Pt. 2"- PinkPantheress ft Ice Spice
"A&W"- Lana Del Ray

2024

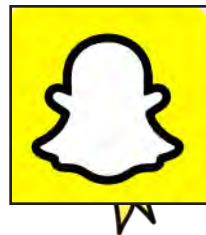
"Lovin On Me"- Jack Harlow
"Houdini"- Dua Lipa
"Lose Control"- Teddy Swims



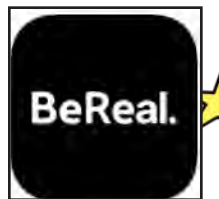
These Should Be Your Next Download

By: Ashleigh Arnese

Snapchat is a social media platform that is enjoyed by people of all ages. Snapchat is an app where you can send photos, post to your story, and chat with all your friends. To add people, you can either search them by username or look through "Quick Add". After you add people and begin to snap, the people you consistently snap will be on your "best friends list". You will also get a "snapscore" that adds up how many snaps you've sent, how many snaps you've received, and how many times you have posted to your story. You can also design a "bitmoji" to look just like you. Snapchat recently added a new feature called "Snapchat +". To use this, you must pay a monthly fee of \$3.99, and you will get many new features such as you can pin someone to stay in the first place on your best friends list, you can change chat wallpapers, the app icon, and the screen background, and many other exciting features.



BeReal is a new platform that came out in 2020 but gained popularity in 2022. Since becoming popular, BeReal has been downloaded over 43 million times. BeReal goes off at random times every day and encourages users to "be real" and take a photo of whatever they are doing in the moment. It takes a photo of the front and back camera so friends can see where you are and what you are doing. Since BeReal goes off randomly, users typically appear more natural than they would on other apps. BeReal is a fun app where users are not as serious and are more carefree with their posts than they are on other social media.



TikTok is a very popular social media platform where users make 15 second to 1-minute-long videos. You can post your videos publicly or privately, or even keep them in your drafts. You can also send TikTok's to mutual friends. On TikTok, people post all sorts of entertainment. Videos range from lip syncs, to dances, to skits, or even get ready with me's. Most influencers post anywhere from 8-10 videos daily to keep the views high. Influencers also often partner with brands to promote their products. There are TikTok videos to keep everyone interested because they are humorous and relatable which makes it appealing to users of all ages. Once you start liking videos, the app starts to show more and more things of interest which is why the app is so addicting.



X, previously known as Twitter, is an app that hosts different discussions about many topics such as current issues, politics, entertainment, sports, and fanbases. Posting on X is very easy, friends, and followers can comment or even repost your post. X allows users to edit posts after posting, make longer posts, prioritize their posts, and it even has AI available. X recently started changing their like button to be theme fitting, for example on Thanksgiving, when you liked a post, it became a turkey.



Instagram is a photo and video sharing social networking service. You can take, edit, and publish visual content for both followers and non-followers if your account is public. Instagram allows you to add to your story and even archive it so it will stay on your page for more than 24 hours. Instagram is enjoyable for all ages. It is a great way to start off being an influencer, and you can also collab with brands on there. There is also a new feature called "Instagram reels" which are short videos, like TikTok's, that people enjoy watching.



Spotify is a music app that allows users to listen to any artist or song they would like. You can use the app for free or pay \$10.99 a month for Spotify premium. Spotify premium allows you to listen to music free of ads, gives you the ability to download songs offline, lets you play songs in any order, and lets you create an organized listening queue. Spotify also has a fun tracker that records all the songs, genres, and artists you listen to between January 1st to November 29th. At the end of November, Spotify releases what is called "Spotify Wrapped" which tells you your top five songs of the year, top five artists, favorite genres, favorite podcasts, and lets you watch a thank you video from your top artist.





Effects of Technology on Education



PROS

Technology has and continues to have many positive effects on student education. Technology like laptops and phones has made access to education even easier and beneficial. It has made it easier for teachers to get work out to students and for students to access work. Technology also lets a student get help or learn without the need of a teacher. Teachers can also make more practical teachings. With technology, both students and teachers can work from home. Having and using technology in a classroom can make the students more engaged and motivated. Having something students like to use like laptops and phones for schoolwork can motivate the student into doing their work with less fatigue.

CONS

There are many practical and beneficial effects technology has had on education but there are also many down sides to it. Technology can have a big impact on a student's mental health. It can reduce social skills, physical relationships, and interactions. Students get less opportunities for face to face interactions. Having technology that is able to be accessed during lessons leads to distractions. Students who do school online can have an even bigger distraction being home and being able to play video games, go on social media, or do anything they find more fascinating than school. Students are able to cheat easier. Students can just search up an answer they do not know on **Google**. Students also can cheat by sending their work to others though apps online.

Fact or Cap?

Are Taylor Swift and Travis Kelce getting Engaged?

When the Kansas City Chiefs beat the Baltimore Ravens to head to the Super Bowl, people began to speculate that Travis Kelce may propose to Taylor Swift if Kansas City won the Super Bowl. When the Chiefs pulled off a surprising win against the San Francisco 49ers, Swifties all around the world were excited to see if they were going to be correct. They soon found out that this was not going to be the case, and Taylor and Travis will just be remaining boyfriend and girlfriend for right now. This has been proven cap.



Were Usher and Alicia Keys ever in a Relationship?

Given that Alicia Keys and Usher were singing and dancing intimately together at the 2004 Super Bowl, it is only reasonable that we would all start strongly wondering as to whether the two are or were ever romantically attached. The 2004 release of the duet, "My Boo" by Usher and Alicia, which brought them together artistically, may help to explain why they seem comfortable around each other. This also gives all of us watching from afar more of a reason to assume they were once together. This has been proven cap.



Did Taylor Swift Release the Tracklist for her new Album?

The pop artist revealed to her fans on February 4th, 2024, that she had a secret to reveal while accepting her 14th Grammy Award. During her acceptance speech for best pop album, Swift said, "I want to say thank you to the fans by telling you a secret that I've been keeping from you for the last two years, which is that my brand new album comes out April 19th, 2024." The cover image for, "The Tortured Poets Department" immediately surfaced on her social media accounts. Swift revealed the tracklist the day after announcing the release date of her upcoming album. This has been proven fact.



Did Austin North get Arrested?

On Feb. 13 2024, *Outer Banks* star Austin North, known as Topper on O.B.X, was taken into custody on three counts of battery. North was admitted into the hospital with what he thought was a heart attack which turned out to be a severe panic attack. North then proceeded to attack four individuals in the hospital. He had proceeded to push them as well as punch them. He later said how he did not remember what he had down to his victims that day. Once he was released from custody, he posted an Instagram story on the 15th saying what had taken place and that he is very sorry for what he did and wants to raise awareness for people suffering from severe anxiety. This has been proven fact.



POPULAR TIKTOK PRODUCTS

Amber Guzman F.



Itchy bug bites are the worst. There's a product that prevents you from having them. It removes the venom and saliva of bugs from just simply sucking out the venom without any pain.



The Pink Stuff is a product made for cleaning any surface area, but it works best on a dirty stove. With just one use, your stove top will be squeaky clean.



Revlon Oil Control On-The-Go - This popular product is an oil absorbing roller that removes any oil that your skin produces even when you are wearing makeup. This roller keeps your makeup intact throughout the day.



Mighty patches are used when you either have blemishes or pimples. You put one on where you have blemishes. They need to be kept on overnight, and your blemishes should be gone in the morning.



This brush has been popular since the tiktok video using it got over eight million views. It makes styling your hair so much easier; you don't have to keep switching hair products when you can just remove the attachment from the iron and create numerous hairstyles with one hot hair tool.



The worst part about mopping is when you have to bend down to drain the water out of the mop. Now, O-Cedar has created a product that you just have to step on it so the mop spins and it drains all of the water out.

Brand Dupes

By: Maurie Newcomb

Recently, new products have been coming out reaching insane prices. Luckily, other brands have started making dupes for a more affordable option for products that are sometimes just as good!



Brand Name

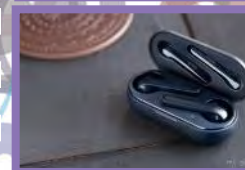


Dupe

The viral Stanley cup has taken the world by storm, but it comes with a whopping \$45 price tag. A cheaper alternative is the Embark 40-ounce Steel Straw Tumbler for only \$15. You can find this tumbler at Target and live your Stanley dreams for less money.



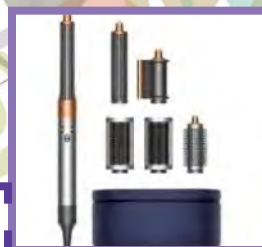
Brand Name



Dupe

Airpods have remained in the ears of the youth for years now, but they are very expensive. The best dupe I have found for the popular Airpods are the Mobvi TicPods Pros. Though they are a different color than the normal white Airpods, they have very good sound quality and are only \$29.00. This is why I have found these to be the best dupe for Airpods.

The infamous Dyson Airwrap gained its popularity during the middle of 2023 and continued to grow in popularity throughout the rest of the year. The Dyson Airwrap retails for around \$600 with different attachments to use for styling your hair. Seeing that it might not be possible to spend \$600 on a hair product, dupes were made to help. The best dupe I found was Elecsop Hair Dyer Brush from Walmart that retails for \$56. This also comes with multiple attachments to help you recreate that perfect blowout look!



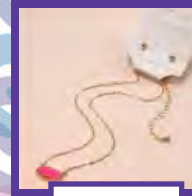
Brand Name



Dupe



Brand Name



Dupe

Kendra Scott became known to the world when their viral Elisa Gold Pendant made waves. It retails for \$65. The best dupe I have a found is a necklace from the Miracle Collection found on Amazon.com. This is currently retailing for \$4.78.



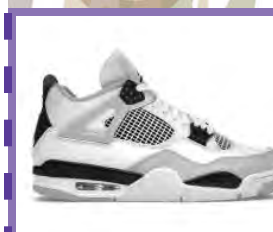
Dupe



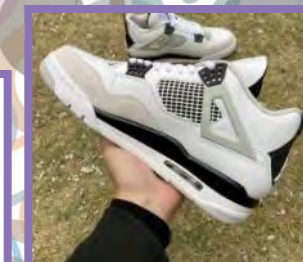
Brand Name

The only shoes that everyone is talking about are the new UGG minis. You can take your choice between the original or the platforms. The best dupe for the UGG platform minis are the Shoes8teen Platform Mini boots. These retail for \$25.99 which is more than \$100 less than the name brand UGGs. You can find these on Amazon.com and grab yourself an amazing deal along with the price.

Air Jordans have been around for decades, but they have started to gain more popularity in recent years. Currently, Jordan 4s are the new hot thing. They can range from \$200 or more. It's hard to just spend that much on shoes. The best website I found for Air Jordan 4 dupes/ replicas is Himenshop. They have replicas for hundreds of dollars less which could be a more reasonable way for people to buy these very popular shoes.



Brand Name



Dupe

MAKEUP DUPES

by: Maddie Zaccone

Elf Halo Glow Liquid Filter



The original Charlotte Tilbury Flawless Filter is \$66.50, but Elf made a dupe for more than half the price at only \$14.00. The product is almost identical and more affordable.

Charlotte Tilbury Flawless Filter



Rare Beauty Liquid Blush



Blush is a critical component in everyday makeup which is why it is important to choose the right one. For most people, the Rare Beauty Blush is the winner. The only down side is that the blush is \$32, but once again, elf created a more affordable version for only \$7.00.

Elf Camo Liquid Blush



Elf Glow Reviver Lip Oil



Everyone loves a good lip oil, but wouldn't you love it more at a reasonable price? Dior's lip oil cost \$54.00. Elf created the same product for only \$8.00. It has the same hydrating effect. Give it a try.

Dior Lip Oil

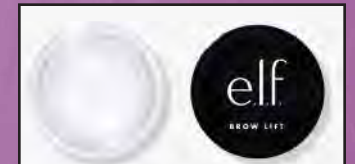


Anastasia Beverly Hills Brow Freeze



Brows really shape your face which is why everyone wants a brow gel that will hold all day. The Anastasia brow freeze helps accomplish that for \$18. Although the gel works, there is not enough product for it to be that costly. Elf created a dupe for only \$6.00 with more product.

Elf Brow Lift



Elf Power Grip Primer



Milk's original Hydro Grip Primer is \$52.00 for one bottle which is far too expensive despite the amazing results. Elf recreated the product with the same formula and perks, but they priced it at just \$10.00.

Milk Hydro Grip Primer



Laneige Lip Glow Balm



Lip balms are great for keeping your lips moisturized and shiny all day long. However, they do not need to be expensive to work. The Laneige Lip Glow Balm retails for \$24.50 whereas the Elf Squeeze Me Lip Balm costs only \$4.00. That is over a \$20.00 price difference. That is a HUGE cost difference for products that are very similar and do the same thing.

Elf Squeeze Me Lip Balm



NCAA 24

EA sports made a college football game every year until 2013, but this summer it is making a comeback. On July 12th, 2024, NCAA 24 is being released. One of the main reasons why EA has not released a college football game in a long time is the debate on whether they should pay the college athletes that appear in the game. Another reason is the lawsuit that they were facing surrounding the games name, image, and likeness rights in 2013. A lot of fans are glad that EA finally decided and got approved to release the latest version of the game many people once loved; however, the game has changed a bit since it last came out. New features, and new game play are coming with this new game. The game developers are focusing on players, schools, and school traditions this time around and that brings a whole new and different aspect to the game. Some people ask if the coaching aspect of the game is gone forever. Not necessarily. EA might broaden things in the future but are just not capable of that kind of work yet, Patrick O'Brien said, a manager at EA Sports. Some people also asked about the play styles and playbooks of each team. EA says that each team sports play styles and playbooks will be in the game. This is to show the wide aspect of explosive game play in college football. A lot of people are excited for the release of NCAA 24, but a lot of people are upset. In the end, go ahead and give it a try and you decide if the remake was worth it.

Dunkin'

vs.

Starbucks

By: Delaney Strain

Dunkin' Donuts is a quick service restaurant and an American multinational coffee and donuts company. In 1950, Bill Rosenburg created this brand in Quincy, Massachusetts. Dunkin' has over 13,000 establishments spread over almost 40 international markets in the United States.

Starbucks corporation is a worldwide American chain of coffee shops with its main office located in Seattle, Washington. The corporation operated 35,711 stores in 80 countries as of November 2022. Gordon Bowkey, Zev Siegl, and Jerry Baldwin are the founders of Starbucks.

Most Popular Drinks and How They Are Made:

Most Popular Drinks and How They Are Made:

Butter Pecan Swirl- The beverage has a buttery, creamy caramel flavor that is topped with a caramel pecan crunch.

Pumpkin Spice Latte- Espresso, steamed milk, and pumpkin spice sauce are combined to make the pumpkin spice latte.

Americano- The Americano is a bold and delectable beverage made by diluting espresso with hot water, which gives your day a perfect boost.

Brown Sugar Oat Milk Shaken Espresso- This iced beverage, created with warm brown sugar syrup sweetness and creamy oat milk, quickly became a classic.

Cold Brew- Arabica beans go into making the cold brew. It has luscious, chocolate undertones and it wonderfully smooth and sweet.

Pink Drink- Enjoyable in the summertime, this refreshing drink is made with amazing coconut milk, strawberries, and strawberry acai base.

Caramel Macchiato- It is one of the most delicious choices on the menu and is made with a combination of coffee, steamed milk, and Dunkin' caramel syrup.

Caramel Frappuccino- Caramelized syrup, milk, ice, and coffee combined makes a fantastic mixture when topped with caramel sauce and whipped cream.

Strawberry Refresher- Dunkin' refreshers are a pleasant beverage that is perfect for a hot summer day because they include ice, brewed green tea, and flavor concentrate.

Vanilla Sweet Cream Cold Brew- The vanilla sweet cream cold brew is produced with Starbucks coffee that has been flavored with vanilla and finished with a delicate float of homemade vanilla sweet cream that flows throughout the cup.



Which is better: Dunkin' or Starbucks?
While Dunkin' Donuts is less expensive than Starbucks, the quality is also poorer. On the other hand, Starbucks offers a much more expanded selection that comes at a much higher price point but for better quality.





MCDONALD'S



V S



BURGER KING



By: Taylor Corrigan

McDonald's is one of the most well known fast food places. Within their production, they provide many food varieties that people highly enjoy. McDonald's is highly known for their Big Macs, fries, chicken nuggets, and breakfast options.

Burger King is the second largest hamburger chain in the United States, after McDonald's. Burger King highly specializes in their flame-broiled fast food hamburgers, as well as their other products they provide.

Most Popular Food Products & Their Delicious Ingredients

Most Popular Food Products & Their Delicious Ingredients



The McDonald's Big Mac- With a taste unmatched, the McDonald's Big Mac is a burger made entirely of beef. Starting with two 100% pure all beef patties and Big Mac sauce between sesame seed buns, the delectable perfection begins. Pickles, freshly shredded lettuce, finely chopped onion, and a slice of American cheese are placed on top.

The Burger King Whopper- Flavorful sauces balance out the burger's flavor. Before they put fresh onions on top, they squeeze the ketchup by hand in a spiral motion from the outside to the center. Your Whopper Sandwich is ready with freshly sliced tomatoes and onions, 100% flame-grilled beef, and other delectable toppings.



McDonald's French Fries- The potatoes are initially peeled, chopped, and blanched by the suppliers used. The fries are then quickly frozen for the restaurants after being partially fried and dried. After they arrive in the kitchens, they're cooked in canola-blend oil until they're hot and crispy, exactly how they're preferred.

Burger King's French Fries- Instead of using butter to fry their French fries, Burger King uses vegetable oil. Burger King says they utilize a combination of oils, such as canola, soybean, and hydrogenated soybean oil, to fry their fries; however, the exact recipe is not disclosed to the general public.



Overall, both fast food restaurants provide enjoyable food products to many. The choice is open to anyone on which restaurant they'd rather dine at and enjoy.

Is the *Crumb*l In the Cookie?

By: Savannah Rosar



Crumbl cookies have made a huge splash in the food world with its creative and delicious fresh baked cookies. This idea was started by two cousins in Utah who had a dream. The menu changes weekly with different flavors of cookies, some returning favorites and some brand new. This is precisely what keep patrons on the edge of their seats each week waiting for the new flavors to be announced. Loyal patron have downloaded the app and wait impatiently for the announcement to be made. These cookies come in different packages, starting off with a single cookie, four pack, six pack, and twelve pack. Customers can order online, in the store, or through delivery.

#YUM



Top School Breakfasts

By Emily Grover



Upon entering the Dale, you know it's going to be a good day when you see the homemade breakfast sandwiches are out. These delicious sandwiches are served on Tuesdays, Wednesdays, and Thursdays. They come in a couple of different varieties. You can choose from ham egg and cheese, bacon egg and cheese, or a breakfast chicken patty. #YUM



Ham, Egg, and Cheese on an English Muffin



Bacon, Egg, and Cheese on an English Muffin



Breakfast Chicken Patty on a Biscuit



These tasty, healthy bars are known by everyone! They are a perfect way to start your morning. Usually, the bars served are banana chocolate chunk or cocoa chip, but sometimes you can be surprised with the oatmeal chocolate chip or the apple cinnamon, which are both just as appetizing. #CHOOSEWISELY



Banana Chocolate Chunk Bar



Cocoa Chip Bar



Oatmeal Chocolate Chip Bar



A fruit, juice, or milk is a basic go-to way to begin your day, or you could have them as a side to other breakfast options. The choices for fruit are an apple, banana, or orange, and the choices for juice are apple, grape, or orange. The choice is yours. #SIPPYCUP



Orange, Apple, or Grape Juice



Fresh Fruits



White or Chocolate Milk

Notable Quotables

SOMETIMES LATER BECOMES NEVER. DO IT NOW.

GO THE EXTRA MILE. IT'S NEVER CROWDED

SUCCESS IS THE PROGRESSIVE REALIZATION OF A WORTHY GOAL OR IDEAL
EARL NIGHTINGALE

THE KEY TO SUCCESS IS TO FOCUS ON GOALS, NOT OBSTACLES.

"IT'S HARD TO BEAT A PERSON WHO NEVER GIVES UP." - BOBE KUH

There is no royal road to anything. One thing at a time, all things in succession. That which grows fast, withers as rapidly. That which grows slowly, endures
Justus Gilbert Holland

If you change your mindset, you have the ability to change your whole world.

YOU ONLY FAIL WHEN YOU STOP TRYING.

Go confidently in the direction of your dreams. Live the life you have imagined.
Henry David Thoreau

DON'T STOP WHEN YOU'RE TIRED. STOP WHEN YOU'RE DONE.

Don't let the fear of losing be GREATER than the excitement of WINNING

DON'T STOP WHEN YOU'RE TIRED. STOP WHEN YOU'RE DONE.

DON'T FOLLOW YOUR DREAMS, CHASE THEM!

IT IS ALWAYS THE SIMPLE THAT PRODUCES THE MARVELOUS
JANELA BARRY

Stop shrinking to fit places you've outgrown.

DO WHAT IS RIGHT, NOT WHAT IS EASY.

"Our greatest glory is not in never falling, but in rising every time we fall."
- Confucius

MOTIVATION IS WHAT GETS YOU STARTED. HABIT IS WHAT KEEPS YOU GOING.
- Steve Jobs

"DON'T YOU QUIT."
You keep walking. You keep trying. There's help and happiness ahead.

IF WE HAVE THE COURAGE TO PURSUE THEM."

DREAM IT. WISH IT. DO IT.

THE KEY TO SUCCESS IS TO FOCUS ON GOALS, NOT OBSTACLES.

If you don't have what you want, WORK HARDER!

You can't change what has already happened so don't waste your time thinking about it. Move on, let go and get over it.

I CAN is 100 times more important than IQ.

AHEAD OF YOU IS NEVER GREATER THAN THE STRENGTH WITHIN YOU.

your life does not get better by CHANCE it gets better by CHANGE

WHEN YOU FEEL LIKE QUITTING THINK ABOUT WHY YOU STARTED

Clothing Effects

Elvira Marrero

Many people encounter different treatment based on what they choose to wear. One way to dress more casually would be to wear sweatsuits and sweatshirts. Speaking with them could put others at ease. Others could feel intimidated by someone who dresses more formally casually. They might view them as serious. We should all be treated equally and never make others feel less than us, even though we may wear different attire.

“Clothes do not define who I am; they are merely a reflection of my mood or personal style. See beyond the attire and discover the real me.”